Nonfiction articles about Alaska – What do wilderness survivors have in common?

<https://www.popularmechanics.com/adventure/g2493/survival-stories/>

* Create a GIST about each article
  + The Wild Boars
  + Angela Hernandez
  + Steven Callahan
  + The Robertson Family
  + Harrison Okene
  + Endurance Expedition
  + Juliane Koepcke
  + Apollo 13
  + Aron Ralston
  + Ada Blackjack

What are things all survivors have in common?

What do you need to survive in a bad situation?