

# APRIL FLUENCY PRACTICE

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Activities are designed to be completed in 5-15 minutes. Color or \* the boxes as you complete each activity. Your child's IEP will list the specific goals your student is working to master. If you are unsure of the sounds or skills your child is practicing please refer to the IEP.

## CHECKING IN!

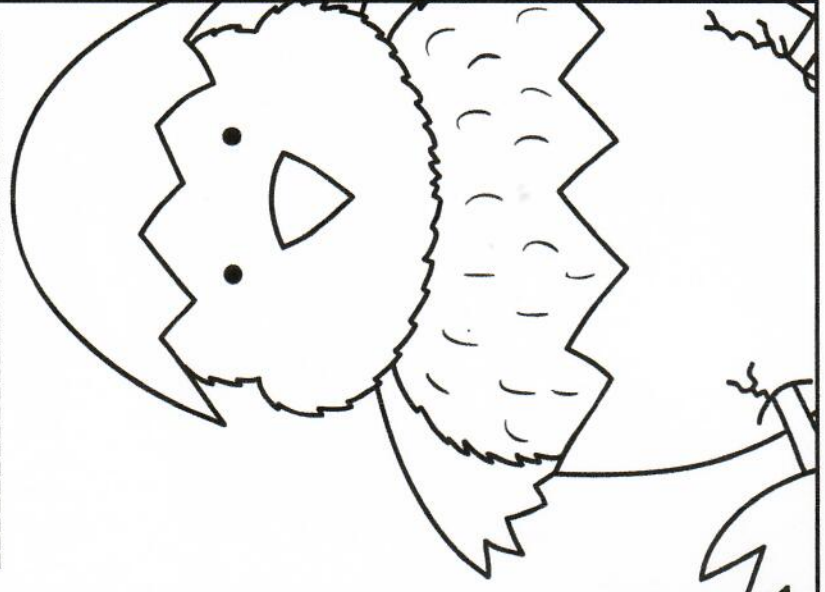
Directions: How do you feel about your speech? Write down any times you have had dysfluent speech this month.



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## MON TUES WED THURS FRI

<p><b>TELL SOMETHING:</b> Tell someone about the butterfly life cycle. Use smooth speech.</p>	<p><b>LISTENING DAY:</b> Do you hear anyone with dysfluent speech?</p>	<p><b>FLUENCY STRATEGIES:</b> Practice chunking- group words together and put pauses between them.</p>	<p>Choose an activity to use smooth, easy speech:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> sing a song</li> <li><input type="checkbox"/> tell a joke</li> <li><input type="checkbox"/> ask a question</li> <li><input type="checkbox"/> read a book</li> </ul>	<p><b>SMOOTH SENTENCES:</b> Use smooth, easy speech to say "The chicken laid three eggs." Try saying it in the mirror.</p>
<p><b>TELL SOMETHING:</b> Tell someone about the chicken's life cycle. Use smooth speech.</p>	<p><b>LISTENING DAY:</b> Do you hear anyone with dysfluent speech?</p>	<p><b>FLUENCY STRATEGIES:</b> Practice cancellation- after a stutter, stop, take a breath and say it again.</p>	<p>Choose an activity to use smooth, easy speech:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> call a friend</li> <li><input type="checkbox"/> tell a story</li> <li><input type="checkbox"/> play a game</li> <li><input type="checkbox"/> share your day</li> </ul>	<p><b>GAME DAY:</b> Play a board game. Use easy, relaxed speech as you play. *You can substitute another activity/game if needed.*</p>
<p><b>TELL SOMETHING:</b> Tell someone about a worm. Use smooth speech.</p>	<p><b>LISTENING DAY:</b> Do you hear anyone with dysfluent speech?</p>	<p><b>FLUENCY STRATEGIES:</b> Practice pull-out- stop in the middle of a stutter, pause and state the word again in and easier manner.</p>	<p>Choose an activity to use smooth, easy speech:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> sing a song</li> <li><input type="checkbox"/> tell a joke</li> <li><input type="checkbox"/> ask a question</li> <li><input type="checkbox"/> read a book</li> </ul>	<p><b>SMOOTH SENTENCES:</b> Use smooth, easy speech to say "Did the caterpillar turn into a butterfly?" Try saying it in the mirror.</p>
<p><b>TELL SOMETHING:</b> Tell someone about growing a flower. Use smooth speech.</p>	<p><b>LISTENING DAY:</b> Do you hear anyone with dysfluent speech?</p>	<p><b>FLUENCY STRATEGIES:</b> Practice stretchy speech- stretch sounds and prolong syllables.</p>	<p>Choose an activity to use smooth, easy speech:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> call a friend</li> <li><input type="checkbox"/> tell a story</li> <li><input type="checkbox"/> play a game</li> <li><input type="checkbox"/> share your day</li> </ul>	<p><b>GAME DAY:</b> Play a card game. Use easy, relaxed speech as you play. *You can substitute another activity/game if needed.*</p>