

## **2023-2024 Resource List**

### **Aunt Martha's**

**\*Bilingual- Spanish**

Multiple locations

877-692-8686 main line

Variety of services including Psychiatry, Counseling, Psychological Evaluation, Parenting classes, Behavioral Therapy, etc.

<http://www.auntmarthas.org>

Accepts Medical Card for certain services and will work with families in difficult financial situations

### **Bridges to a New Day**

1135 East 9<sup>th</sup> Street

Lockport, IL 60441

815-838-2690

Single parent support group

Free ADHD parent support group

Counseling service

Fees-will bill insurance, BCBS provider, may reduce fee based on financial need

### **Chiariello Behavioral Health**

18440 Thompson Court – Suite 207

Tinley Park, IL 60477

708-864-4920

### **Family Child Adolescent Psychological Services**

Dr. Clara Perez

3235 Vollmer Road Suite 137

Flossmoor, IL 60422

708-206-1300

Does not accept HMO's or Kidcare

### **Family Counseling Center**

**\*Bilingual Spanish**

A division of Trinity Services

13318 West Lincoln

New Lenox, IL 60451

815-463-8361

Offers support groups and counseling (ADHD, Divorce, Self-Esteem, Anxiety, Depression, Bipolar, Oppositional Defiant Behavior, etc.)

[www.trinity-services.org/programsservices/familycounseling.aspx](http://www.trinity-services.org/programsservices/familycounseling.aspx)

Accepts Medicaid, All Kids, most insurances, sliding fee scale

Counselors take medical card – wait list

**Frankfort Counseling Associates**

33 E Colorado Avenue

Frankfort, IL 60423

815-469-6480

Offers individual, couple and family counseling (Depression, Mood Disorder, Anxiety, Trauma, Loss, Behavioral Disorders, Anger Management, etc.)

Accepts most insurances, sliding fee scale if no insurance

[www.frankfortcounselingassociates.com](http://www.frankfortcounselingassociates.com)

**Genesis Therapy Center**

**\*Bilingual Spanish and Polish**

6006 W. 159<sup>th</sup> Street Building C

Oak Forest, IL 60452

708-535-7320

Multiple locations

Offers individual, family, and group services (Social Skills Groups, Divorce, Grief, Parenting support, ADHD support, Depression, Anxiety, School Refusal, Stress management, etc.)

Accepts many insurances, sliding fee scale, interns @ \$10.40/hr

**Grand Prairie Services**

Multiple locations

866-477-8632

Offers mental health assessments, crisis interventions, therapeutic services, etc.

Accepts All Kids insurance

**Governors State University**

Offers free counseling

708-534-4845

**Hoover & Associates**

16325 S. Harlem Avenue

Tinley Park, IL 60477

708-429-6999

**Mark Roy & Associates**

Mark Roy, LCSW

Locations in Oak Forest and Joliet

708-535-3132

**MiraCare Brighter Tomorrow (Formerly Palos Behavioral Health Professionals)**

708-671-8440

Intense Outpatient Services providing extensive behavioral healthcare continuum of care to children and adolescents, all in one place.

[www.miracaregroup.com](http://www.miracaregroup.com)

**Palos Location:**

11800 South 75<sup>th</sup> Avenue 3<sup>rd</sup> Floor  
Palos Heights, IL 60463

**Mokena Location:**

9990 West 190<sup>th</sup> Street Suite C  
Mokena, IL 60448

**Tinley Park Location:**

6775 Prosperi Drive  
Tinley Park, IL 60477

**Lemont Location:**

15419 127<sup>th</sup> Street, Suite 300  
Lemont, IL 60439

**Personal Solutions Counseling**

20855 South LaGrange Road Suite 202  
Frankfort, IL 60423  
815-806-9300

Accepts most insurance, payment plans, sliding fee scale

**Professional Counseling Services**

Multiple Clinicians

17732 Oak Park Avenue  
Tinley Park, IL 60477  
708-342-1773

ADHD, Anxiety Disorders, OCD, Obsessive Thoughts, Depression or Prolonged Sadness, Irritable or Angry Moods, Mood Swings, ODD, Social Difficulties, Rejection, Coping with Bullying, Divorce and remarriage, Post Traumatic Stress, parent-child conflicts, Hair pulling or Trichotillomania

**Sue Miller Lloyd, LCPC**

9601 West 165<sup>th</sup> Street Suite 6  
Orland Park, IL 60462  
708-692-1014

**The Sykes Group**

20635 Abbey Woods Drive Suite 103  
Frankfort, IL 60423  
815-823-8460

ADHD, Anxiety, Adjustment, Depression, Grief/Loss, PTSD, Parent Child Problems, Eating Disorders

**The Therapy Center**

9031 W. 151<sup>st</sup> Street #102

Orland Park, IL 60462  
708-460-2111

**Systemic Wellness**

2081 Calistoga Dr. Ste 2n  
New Lenox, IL 60451  
815-320-2410

Specializations in Mental Health and Eating Disorders

Offers Intensive Outpatient Program and Individual Therapy for Adults and Adolescents

**Timberline Knolls**

40 Timberline Drive  
Lemont, IL 60439  
877-702-6022

Offers a partial hospitalization program (PHP), intensive outpatient treatment program (IOP) and residential treatment facility center for women and girls age 12 and older who are struggling with eating disorders, addiction, trauma, and co-occurring mental health conditions.

**Trinity Services, Inc.**

301 Veterans Parkway  
New Lenox, IL 60451  
Main Office: 815-485-6197

Offers services for children and adults; individuals with Autism Spectrum Disorder and their families, offers diagnostic evaluations, supports and education for families, educators, and clinical services for each child  
Sliding fee scale

**V&R Behavioral Health Services**

Doug Vaselakos, Psy.D & Tracy Robinson  
700 Ravinia Place  
Orland Park, IL 60462  
800-867-0158

[www.vrbehavioral.com](http://www.vrbehavioral.com)

Individual, couple, family, group, and testing/assessment  
Accepts most insurances

**Will County Health Department & Community Center \*Bilingual Spanish**

1106 Neal Avenue  
Joliet, IL 60433

815-727-8670

Childhood & adolescent psychiatry, behavioral health, mental health, family health services

Dental services

Accepts All Kids insurance

### **Wolfe Behavioral Health**

Dr. Dora Wolfe, Licensed Clinical Psychologist

339 Alana Drive

New Lenox, IL 60451

815-462-3827

[www.wolfebehavioral.com](http://www.wolfebehavioral.com)

Most insurances accepted including HMO's. Many services include adoption readiness and therapy for adopted children.

Limited Hours

### **Zaborac Counseling Group**

Lindsey Folk

Other therapists/counselors and a psychiatrist on staff

17255 Oak Park Avenue

Tinley Park, IL 60477

708-633-4533

Offers individual, marriage, and family counseling; Depression, Anxiety, Grief & Loss, Eating Disorders, Parenting, Anger management, Stress management, Sleep Disorders, etc.)

[www.doreenzaborac.net](http://www.doreenzaborac.net)

Accepts most insurances; sliding fee scale

### **Specialties:**

#### **Self-Injury Risk Assessments**

### **Linden Oaks at Edward Hospital (free assessment at any location)**

#### **Linden Oaks Behavioral Health – Naperville 24 hour walk-ins**

852 West Street

Naperville, IL 60540

630-305-5027

#### **Mokena location**

9697 W. 191<sup>st</sup> Street

Mokena, IL 60448

630-305-5027

**Orland Park location**

11512 W. 183<sup>rd</sup> Place

Orland Park, IL 60467

630-305-5118

**Plainfield Outpatient Center**

24600 W. 127<sup>th</sup> Street

Plainfield, IL 60585

630-305-5027

**St. Joseph's Hospital**

333 N. Madison Street

Joliet, IL 60435

815-725-7133

**Silver Oaks Behavioral Hospital (ages 13 and up)**

1004 Pawlak Parkway

New Lenox, IL 60451

Open 24 Hours (holidays may affect these hours)

844-580-5000

**Zaborac and Associates (assessment within 24 hours)**

17255 Oak Park Avenue

Tinley Park, IL 60477

708-633-4533

**SASS (Screening Assessment and Support Services)**

Division of Will County Behavioral Health

Free Support Services (Hospitalization and after care) for children and adolescents experiencing a mental health crisis

Eligibility Criteria: DCFS Guardianship or lack of family financial resources

Contact CARES – Crisis and Referral Entry Services to determine eligibility

800-345-9049

**Autism Spectrum Disorders:**

**Dr. David Gottlieb**

2024 Hickory Road

Homewood, IL 60430

708-799-8796

**Hoover & Associates**

16325 S. Harlem Avenue

Tinley Park, IL 60477

708-429-6999

**Trinity Services – Autism and Family Resource Center**

301 Veterans Parkway  
New Lenox, IL 60451  
815-462-4273

**Child and Adolescent Psychiatrists**

**Dr. Ing lam**

9611 165<sup>th</sup> Street  
Orland Park, IL 60462  
708-226-0661

**Dr. Clara Perez**

3235 Vollmer Road Suite 137  
Flossmoor, IL 60422  
708-206-1300  
Does not accept HMO's or Kidcare

**Medicaid (ALL KIDS)**

**Will County Department of Health, Child and Adolescent Behavioral Health**  
Joliet, IL  
815-727-8521

**UIC, Child and Adolescent Behavioral Department**  
312-996-2200

**Trinity Services**

Homewood - 708-957-4597  
Joliet - 815-722-4384  
New Lenox – 815-463-8361

**Aunt Martha's Behavioral Health Department**

Olympia Fields  
708-747-7100

**Metropolitan Family Services**

Palos Hills  
708-974-2300

**Neurofeedback**

**Dr. Linda Marshall-Kramer**

Neurobehavior Therapy

10087 West Lincoln Highway  
Frankfort, IL 60423  
815-469-1118  
Complimentary Consultation

**Westside Children's Therapy**  
815-469-1500  
Multiple locations

**Other**

**Mokena Lion's Club (free glasses)**  
815-469-2177

**Life Coach**  
Sheila Petersen  
[sheila@lovechange.net](mailto:sheila@lovechange.net)  
312-620-0186