

HIGHLIGHTS February



MOKENA COMMUNITY
PARK DISTRICT

FEB 2018
VOL 7, ISSUE 2



Upcoming Events

FREE DEMO—TAI CHI QIGONG

Wednesday, February 7, 2018
10:30–11:30 a.m.

GROUP EXERCISE OPEN HOUSE

Wednesday, February 7, 2018
Visit our website for class schedules

EARLY CHILDHOOD EDUCATION

FALL 2018 REGISTRATION

Saturday, February 10, 2018
9:00–10:30 a.m. Program Center

MOTHER & SON VALENTINE BOWLING

Saturday, February 10, 2018
12:00–2:00 p.m. Thunder Bowl

FREE DEMO—ZUMBA

Monday, February 12, 2018
6:30–7:30 p.m.

FREE DEMO— STRONG BY ZUMBA

Saturday, February 17, 2018
9:00–10:00 a.m.

FLASHLIGHT EGG HUNT

Thursday, March 22, 2018

8:30–9:30 p.m.

The Quest for the Golden Egg begins! Challenge your friends to see who can find the most treat-filled eggs using only a flashlight. One winner will find the Golden Egg and win a basket filled with treats! Don't forget your flashlight and a bag to collect eggs. Preregistration is required. Age 10-14. Parents are welcome to stay as this event could end earlier than scheduled.

- Early Bird Registration: \$10R/\$12NR
- Fees after February 22: \$15R/\$17NR
- Registration deadline: March 15.
- Location: Yunker Park, 10824 La Porte Rd.

EARLY CHILDHOOD EDUCATION PROGRAMS—FALL REGISTRATION

Saturday, February 10, 2018, 9:00–10:30 a.m.

Early Education Program Center, 10925 W. La Porte Road, Mokena

Our Early Education programs stress the social development of young children, and the importance of learning through playtime, art projects, music, and more. Pre-reading and pre-math activities will help to develop logical thinking and prepare children for Kindergarten.

Required at registration: A non-refundable deposit of \$49, plus the first month's tuition (fee includes a t-shirt), copy of birth certificate, and proof of immunizations. If you decide to cancel, the entire deposit is forfeited.

Prep School 3-year-olds

Tuesday & Thursday
9:00–11:30 a.m.

Preschool 4-year-olds

Mon., Wed., Fri.
9:00–11:30 a.m.

Kinderbridge 4-year-olds

Monday–Friday
12:30–3:00 p.m.



PROUD PARK PARTNER

meijer

MOKENA COMMUNITY PARK DISTRICT

Administration Center
10925 W. La Porte Road, Mokena
708-390-2401
info@moaakenapark.com
www.mokenapark.com

Recreation Program Center

10925 W. La Porte Road, Mokena
(south end of Main Park)

The Oaks Recreation & Fitness Center

10847 W. La Porte Road, Mokena
708-390-2343

The Oaks Recreation & Fitness Center



**FREE
ENROLLMENT FEE
Valentine's Day
Membership
Sale!**

February 14, 2018 only!

Fitness Center memberships include:
Child care, Group Exercise classes, Open
Gym, Indoor Walking Track and much more.

Stop by The Oaks for a tour and ask about a
FREE one-week trial membership. For more
information, call 708-390-2343 or visit
www.mokenapark.com

*Monthly rates and NR rates apply. Restrictions apply.
Offer available February 14, 2018 only!*

STAY CONNECTED!



Follow us, Like us, or Tweet us. Stay
in touch and get the latest news about
programs and events.

Follow our three Facebook pages:

- Mokena Community Park District
- The Oaks Recreation & Fitness Center
- Park 'N Bark Dog Park

Twitter: @mokenaparks
Instagram: mokenaparks

To sign up for our monthly
e-newsletter, email us at:
info@mokenapark.com

Preregistration required for all programs. Registration may close early if a program reaches its max. participants. Registration accepted on a first-come, first-serve basis. Registration deadline is seven days prior to the start of class unless otherwise specified. Additional fees apply after the deadline. Non-residents of Mokena Park District will pay an additional fee. No refunds on trips. Program information and fees are subject to change.

WIGGLES AND GIGGLES

For your 2 to 3-year-old who is not quite ready to separate. Parent and child will wiggle and giggle their way through this fun-filled class while stretching their muscles and marching to music. Age appropriate activities will vary each week using balls, balloons, and bubbles. Finger plays and props, rhymes and rhythm movements, hoops and parachutes will add to the fun.

- Fridays: 9:30–10:15 a.m.
- Dates: March 16–April 20, 2018
- Location: Program Center
- Early Bird Registration: \$30R/\$36NR
- Fees after March 2: \$35R/\$41NR



ART EXPLORATION—JR HIGH AND HIGH SCHOOL

Learn new techniques and improve your skills. Students will study proportion, shading, facial expressions, colors, textures, and much more while using a variety of subjects such as landscapes, cartoons, abstracts, and still life. This class is for all levels of ability and taught by a graduate of the American Academy of Art. Ages 11–16.

- Tuesdays: 4:30–5:30 p.m.
- Dates: February 27–April 3, 2018
- Location: Program Center, Art Room
- Early Bird Registration: \$52R/\$62NR
- Fees after February 13: \$57R/\$67NR

For more information on programs and events, call Mokena Park District at 708-390-2401 or visit www.mokenapark.com

FACILITY RENTALS

Holiday, Birthday, Graduation, Meeting or Team Party...

Mokena Community Park District will provide the space you need to host your special event or meeting. Wi-Fi is available. Field House rentals are also available. For more information, call The Oaks at 708-390-2343 or email rbauer@mokenapark.com.

TRIP! BLUE CHIP CASSINO

The Blue Chip Casino in Michigan City, Indiana, offers the ultimate gaming environment with 65,000 square feet of gaming on a single luxurious and spacious level that includes 42 table games, eight live poker room tables and more than 1,700 slots. Fee includes round trip motor coach transportation, player card & 4 hours of play, a lunch buffet, and \$10 in EPLAY to those who get 1,000 points on their player cards. No refunds on trips.

- Wednesday, February 28, 2018
- Bus departs at 9:30 a.m. from Yunker Park, 10824 La Porte Rd., Mokena.
- Fees: \$45R/\$53NR
- Registration deadline: February 20.

NEW! YOGA NIDRA WORKSHOP

Join us and release the stress we accumulate during the week with Yoga Nidra or yogic sleep. Yogic sleep is a stage in which the body is completely relaxed, and the practitioner becomes systematically and increasingly aware of the inner world by following a set of verbal instructions. This state is different from meditation in which concentration on a single focus is required. The workshop will start with gentle yin yoga poses followed by restorative poses leaving you full of peace, relaxed and ready to have a restorative sleep. Essential oils will be discussed that will enhance your personal practice. It is suggested to bring a blanket/small pillow and wear comfortable attire. Ages 16 & over.

- Sunday, February 18, 2018
- Time: 11:45 a.m.–1:15 p.m.
- Early Bird Registration: \$21R/\$25NR
- Fees after February 15: \$26R/\$30NR

ADULT GOLF LESSONS

Golf lessons are taught by Dennis Piotrowski, PGA Professional, and his staff at the White Mountain Golf Course in Tinley Park. This winter all students will be using the sensor simulator. Participants will hit a special ball into a net, and it will show your ball flight, swing, speed and opening of the club face. If the weather is nice, lessons will be taught outside. Limited enrollment!

- Thursdays: 5:30-6:30 p.m.
- March 1–29, 2018
- Early Bird Registration: \$69R/\$83NR
- Fees after Feb. 15: \$74R/\$88NR

BEGINNING LINE DANCE

Join Maxine for this beginner Line Dance class. She will teach dances that use basic dance steps: grape vines, rock/recovers, and cha cha cha's. Students will dance to country as well as current, contemporary music. Age 18 & over.

- Mondays: 1:30-2:30 p.m.
- March 5–April 9, 2018
- Early Bird Registration: \$49R/\$58NR
- Fees after February 19: \$75R/\$63NR

FIRE STARTERS—SPRING RECREATIONAL SOCCER LEAGUE, Age 4-grade 8

The Fire Starters staff and Mokena Park District are teaming up to conduct this instructional soccer league for boys and girls, Age 4 though grade 8, focusing on the basic skills for beginning and novice players. This program consists of eight professional training sessions with Fire Starters staff along with team practices led by parent volunteer coaches. Each team is guaranteed to play 8 games. Grades 1–3, 4–6, and 7-8 will participate in a single-elimination end-of-season tournament.

- Early Bird Registration deadline: March 22.
- Session dates: April 10–June 25, 2018
- Player evaluations: Sunday, April 1 (grades 7-8 are Sat., March 31).
- Location: Willowview Park Soccer Fields
- Age 4–Kindergarten: \$105R/\$125NR. Fees after March 22: \$110R/\$130NR
- Grades 1–8: \$110R/\$132NR. Fees after March 22: \$115R/\$137NR