*SAFE AND UNSAFE TOUCH

Janice Masokas, BA
Preventionist, Guardian Angel
Community Services
Sexual Assault Service Center
24 Hour Hotline 815-730-8984

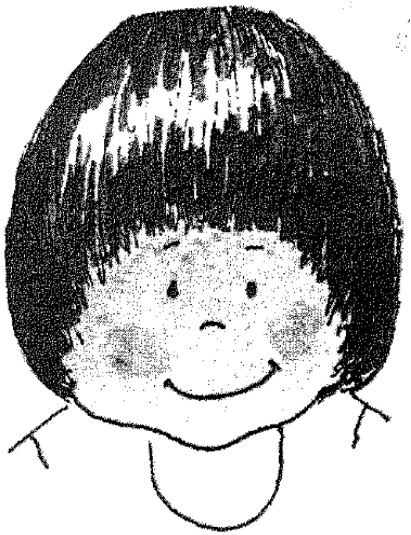
GUARDIAN ANGEL
COMMUNITY SERVICES
Changing and Saving lives since 1897

*GUARDIAN ANGEL WANTS TO HELP CHILDREN STAY SAFE!

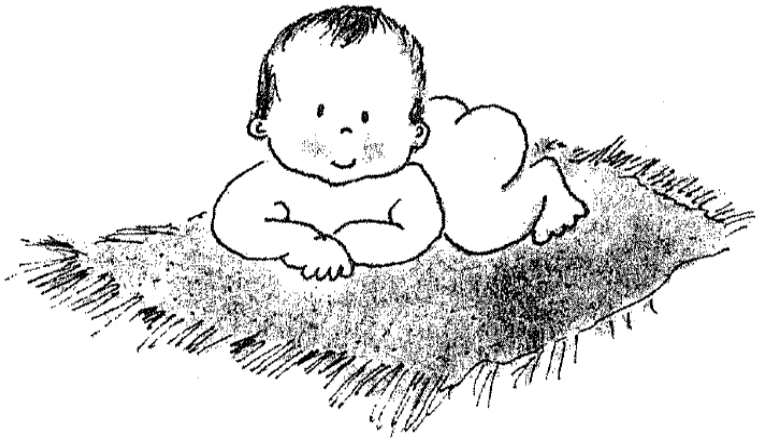
*Let's start our story!

It's MY Body

by Lory Freeman
illustrations Carol Deach



I have something very special
that belongs to only me.

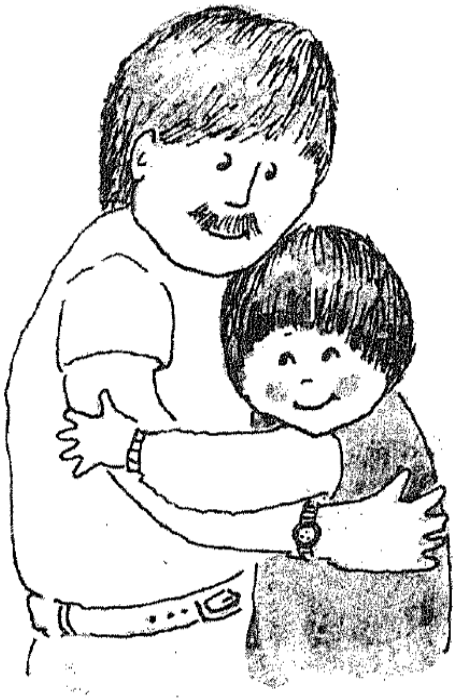


I was born with it . . .

And it changes as I grow older.

But it is always just mine!
It's my body.

Sometimes I like to share my body . . .

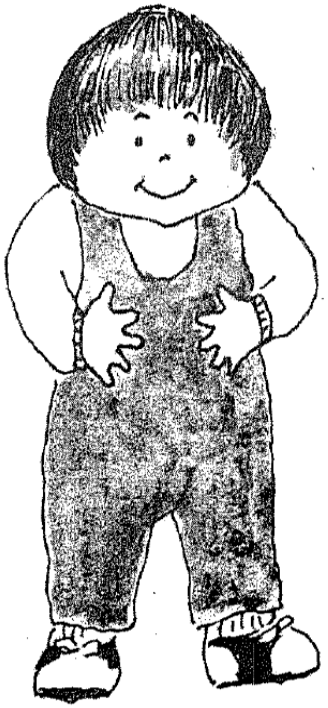


When I hug my father,
I am sharing my body.

When I sit on my grandma's lap,
I am sharing my body.

When I hold a little baby's hand,
I am sharing my body.

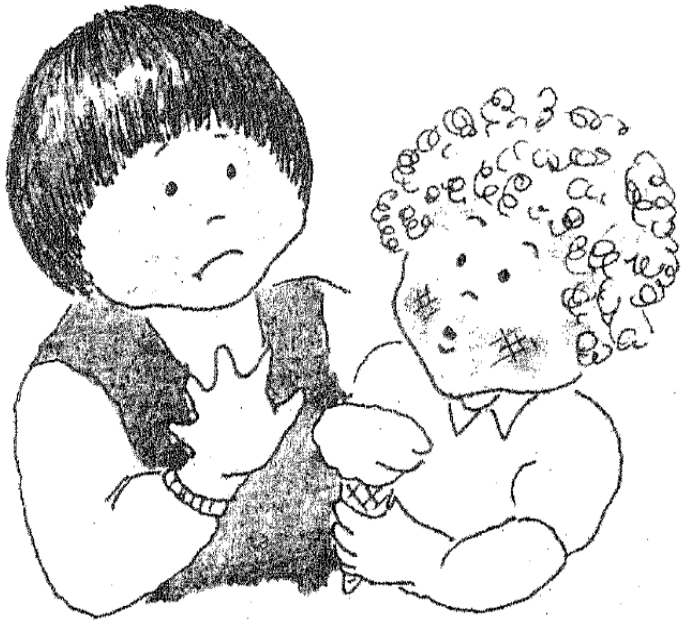
When I let someone tickle me,
I am sharing my body.



Even when I am sharing my body,
it is always something special that
belongs only to me.

Sometimes I don't like to share my body.

If someone is tickling me too hard,
I might not feel like sharing my body.

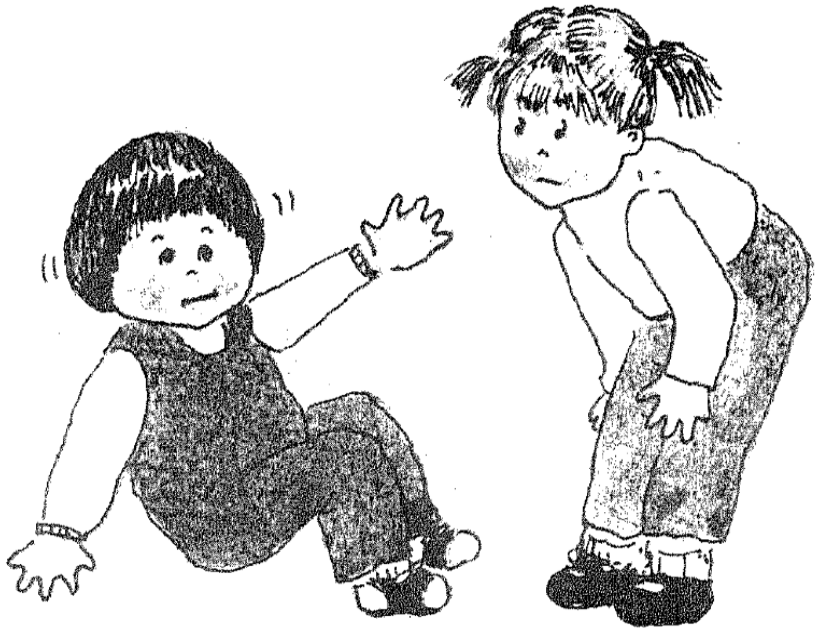


If someone wants to give me a big slurpy
kiss, I might not feel like sharing my body.

If a dog is licking me, I might not
want to share my body with the dog.

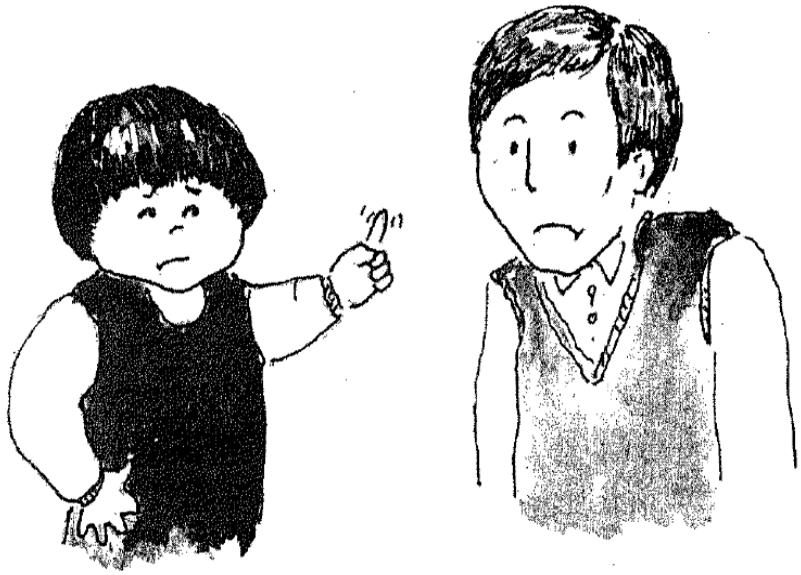
If someone is holding me too tightly,
I might not feel like sharing my body.

If someone wants to touch me any place
or way that makes me feel uncomfortable,
I won't share my body!



This is what I say:
"Don't touch me! I don't like it!"

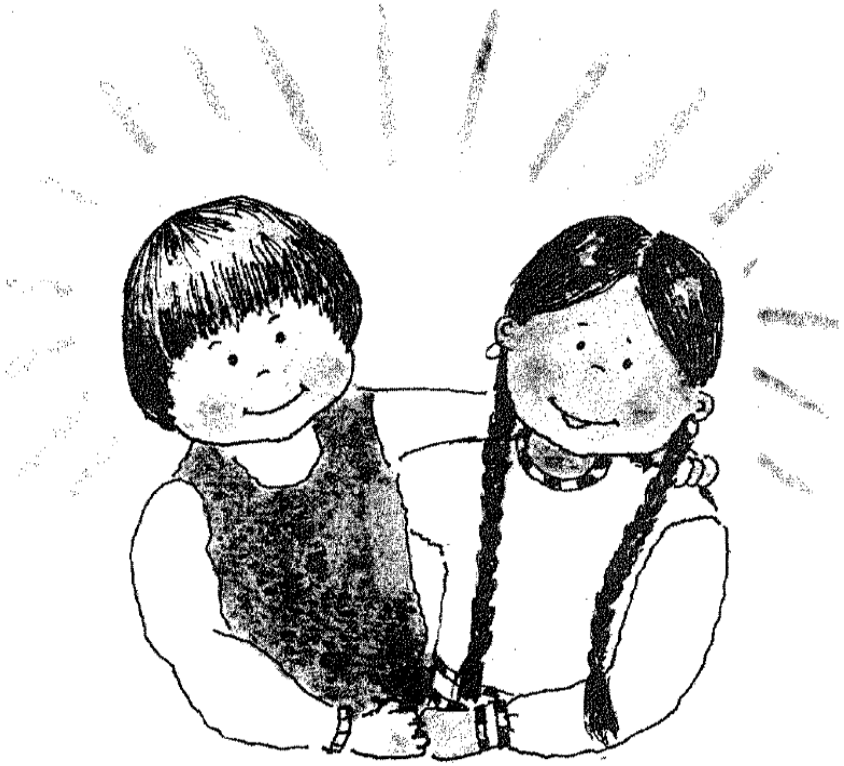
If someone wants me to touch them
any place or way that makes me feel
uncomfortable, I won't share my body!



This is what I say:
"No, I won't touch you. I don't like it!"

Now YOU practice saying it loud and clear.
"Don't touch me! I don't like it!"

and . . .
"No, I won't touch you! I don't like it!"



You will probably feel warm inside when you share your body because you want to.

But, if you feel uncomfortable inside, don't share your body!

Remember . . .
Your body is something very special
that belongs only to you!

*DO YOU REMEMBER?

WHAT ARE SOME SAFE TOUCHES?

- ✓ *A HUG FROM MY MOM OR DAD*
- ✓ *A KISS FROM GRANDMA OR GRANDPA*
- ✓ *A HIGH FIVE OR FIST BUMP FROM MY TEACHER*
- ✓ *AN ARM AROUND MY SHOULDER WHEN I AM SAD*

SAFE TOUCHES MAKE US FEEL:

- ✓ *HAPPY*
- ✓ *LOVED*
- ✓ *COMFORTABLE*
- ✓ *PROUD*

*DO YOU REMEMBER?

WHAT ARE SOME UNSAFE TOUCHES?

- ✓ *A PUNCH, KICK OR SLAP*
- ✓ *A PUSH OR SHOVE*
- ✓ *A TOUCH TO YOUR PRIVATE AREA*
- ✓ *A TOUCH THAT MAKES YOU UNCOMFORTABLE*

UNSAFE TOUCHES MAKE US FEEL:

- ✓ *CONFUSED; LIKE SOMETHING IS WRONG*
- ✓ *ANGRY*
- ✓ *SCARED*
- ✓ *EMBARASSED*

*DO YOU KNOW?

THE PARTS OF OUR BODIES UNDERNEATH OUR SWIMSUITS ARE CALLED OUR PRIVATE PARTS.

THESE PARTS ARE NOT MEANT FOR SHARING!

*WHAT IS A PRIVATE TOUCH?

*DO YOU REMEMBER?

WHAT CAN YOU DO IF AN UNSAFE TOUCH OR LOOK HAPPENS TO YOU?

- ✓SAY "NO!" AND THEN TELL YOUR TRUSTED ADULT
- ✓GET AWAY FROM THAT PERSON
- ✓TELL YOURSELF "THIS IS NOT MY FAULT!"
- ✓GET HELP

*LET'S PRACTICE…

WHAT WOULD YOU DO IF:

A GROWN UP ASKED YOU TO LOOK AT OR TOUCH HIS/HER PRIVATE PARTS?

A GROWN UP PROMISED YOU A GIFT IF YOU WOULD TOUCH HIS OR HER PRIVATE PARTS?

ANOTHER CHILD SHOWED YOU THEIR PRIVATE PARTS?

UH OH.....BUT WHAT IF…

SOMEONE THREATENS TO HURT YOU, YOUR FAMILY OR YOUR PET IF YOU TELL?

TELL! TELL! TELL ANYWAY!

WHO CAN I TELL?

parent, teacher, neighbor, police, doctor…

*Where Can I Get Help?

Sexual Assault Service Center
(815)730-8984

Groundwork Domestic Violence Program
(815)729-1228

815-729-0930, ext. 1524
jmasokas@gacsprograms.org

SAFE AND UNSAFE TOUCH

GUARDIAN ANGEL
COMMUNITY SERVICES
Changing and Saving lives since 1897

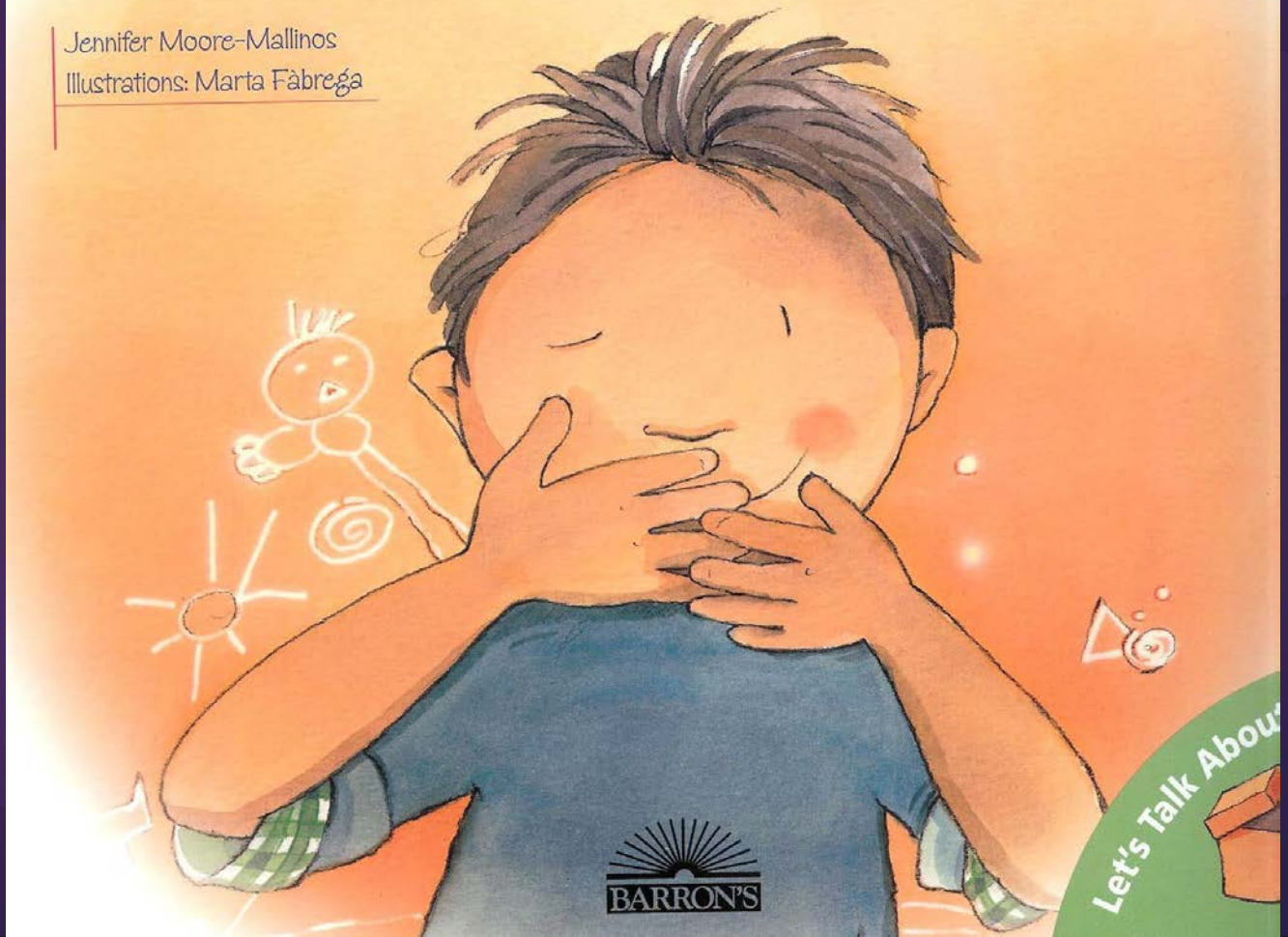
Janice Masokas, BA
PREVENTIONIST
Sexual Assault Services Center
24 Hour Hotline: 815-730-8984

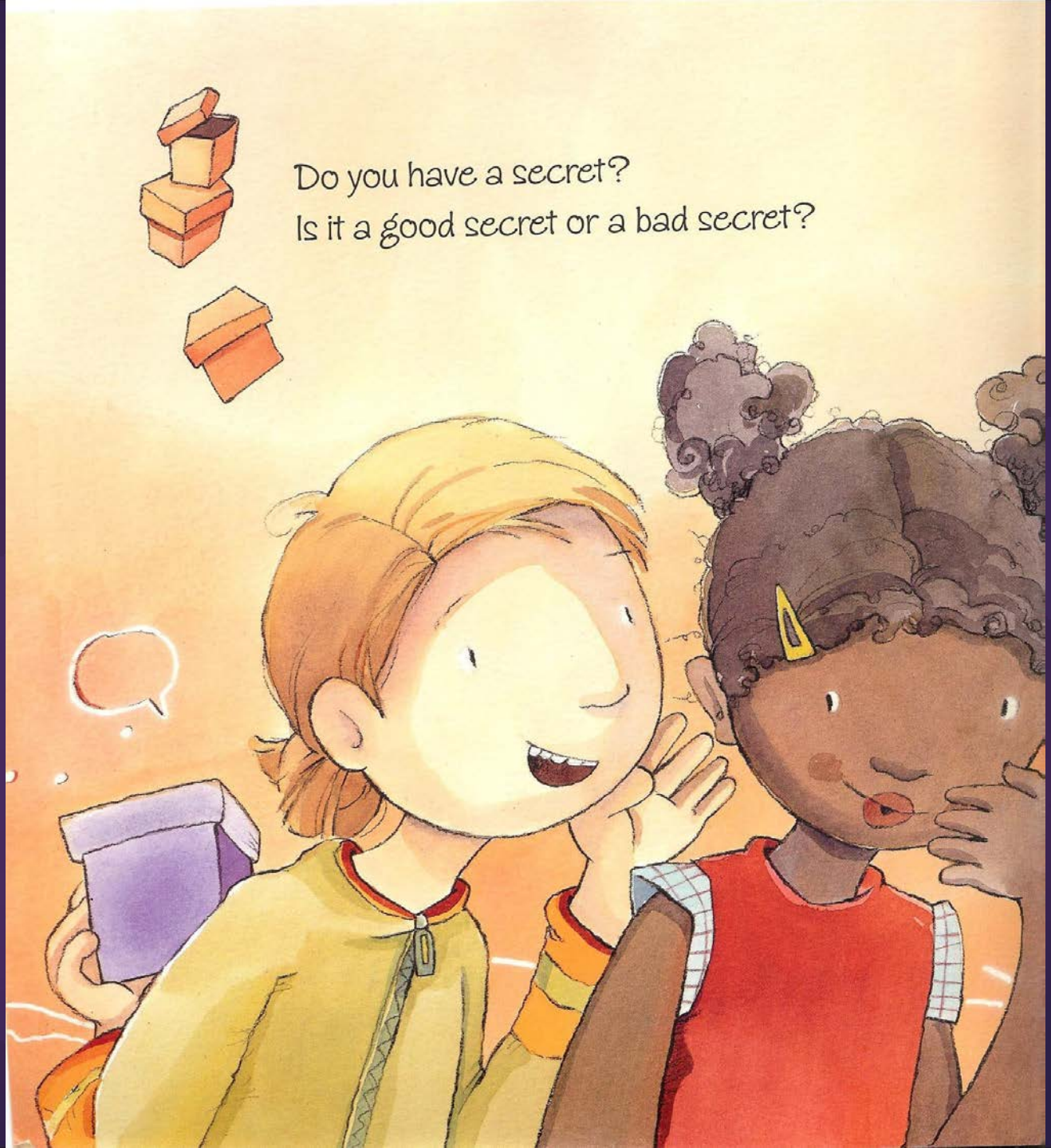
Guardian Angel wants to help kids stay safe!

Let's start our story!

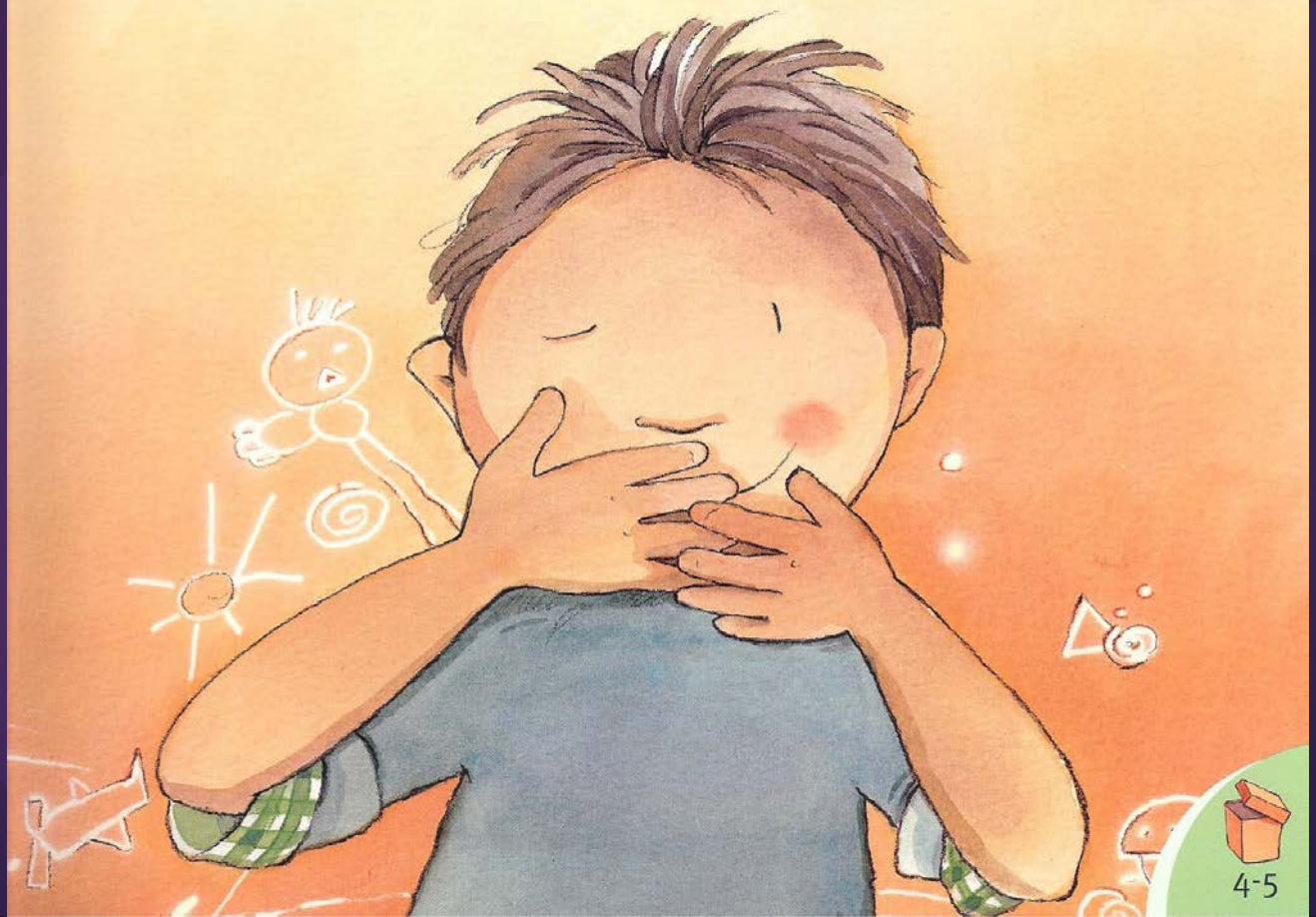
Do You Have a Secret?

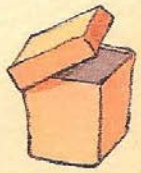
Jennifer Moore-Mallinos
Illustrations: Marta Fàbrega




Do you have a secret?
Is it a good secret or a bad secret?

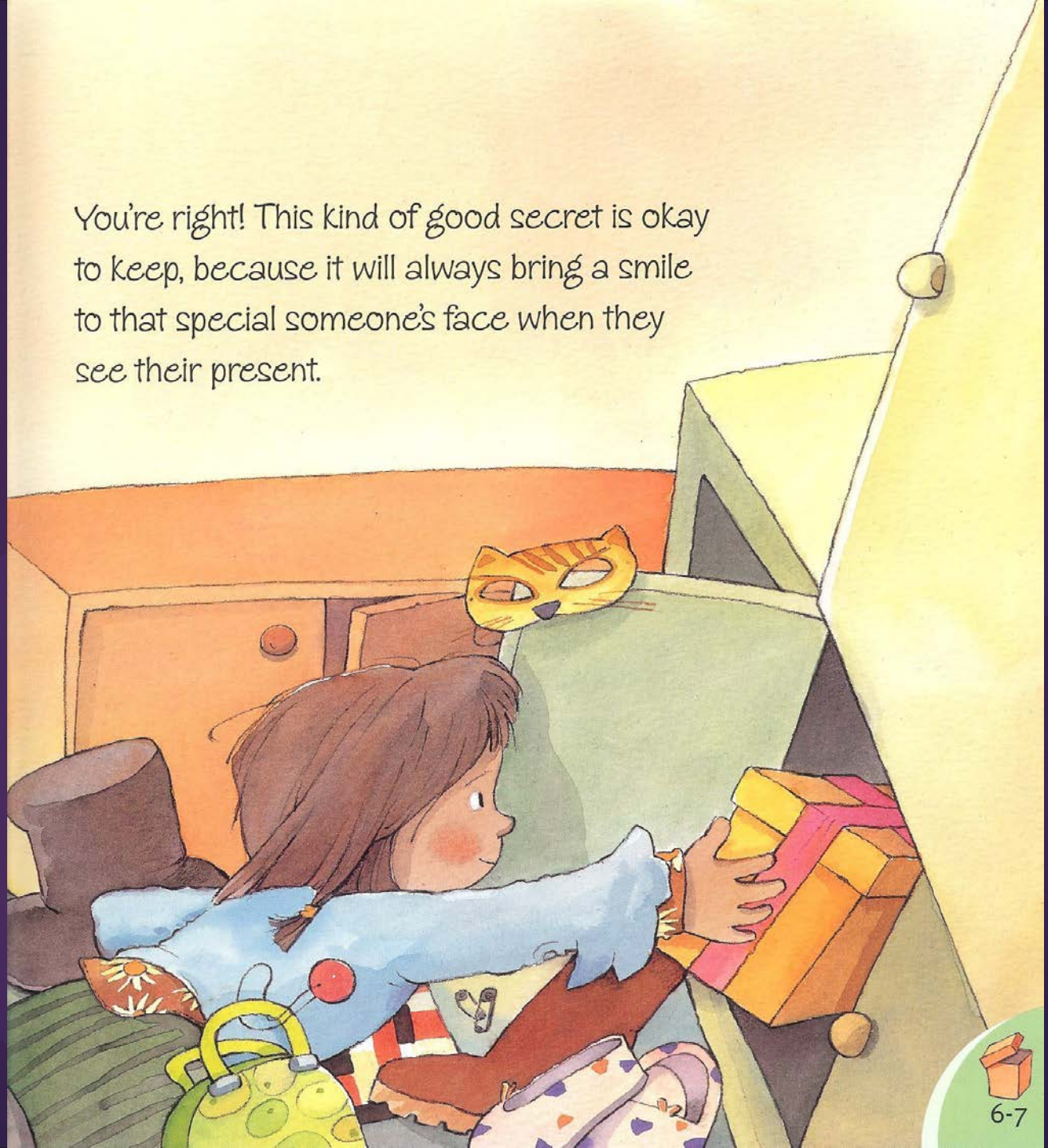
Did you know that good secrets are things that can make you and somebody else very happy?
Can you think of a good secret?

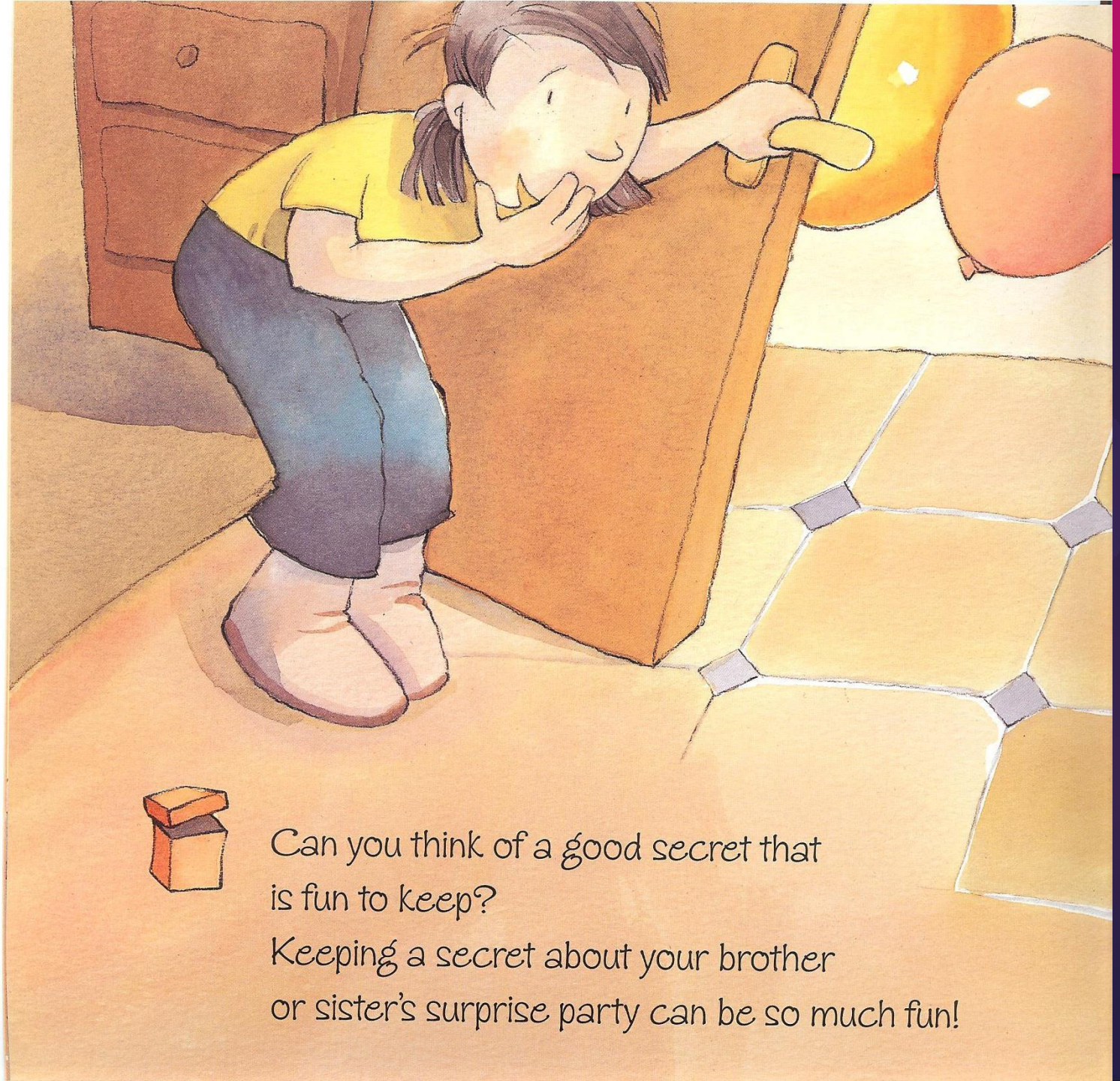




If you kept a secret about a special birthday present you made for your best friend or your Mom or Dad, would this be a good secret or a bad secret?

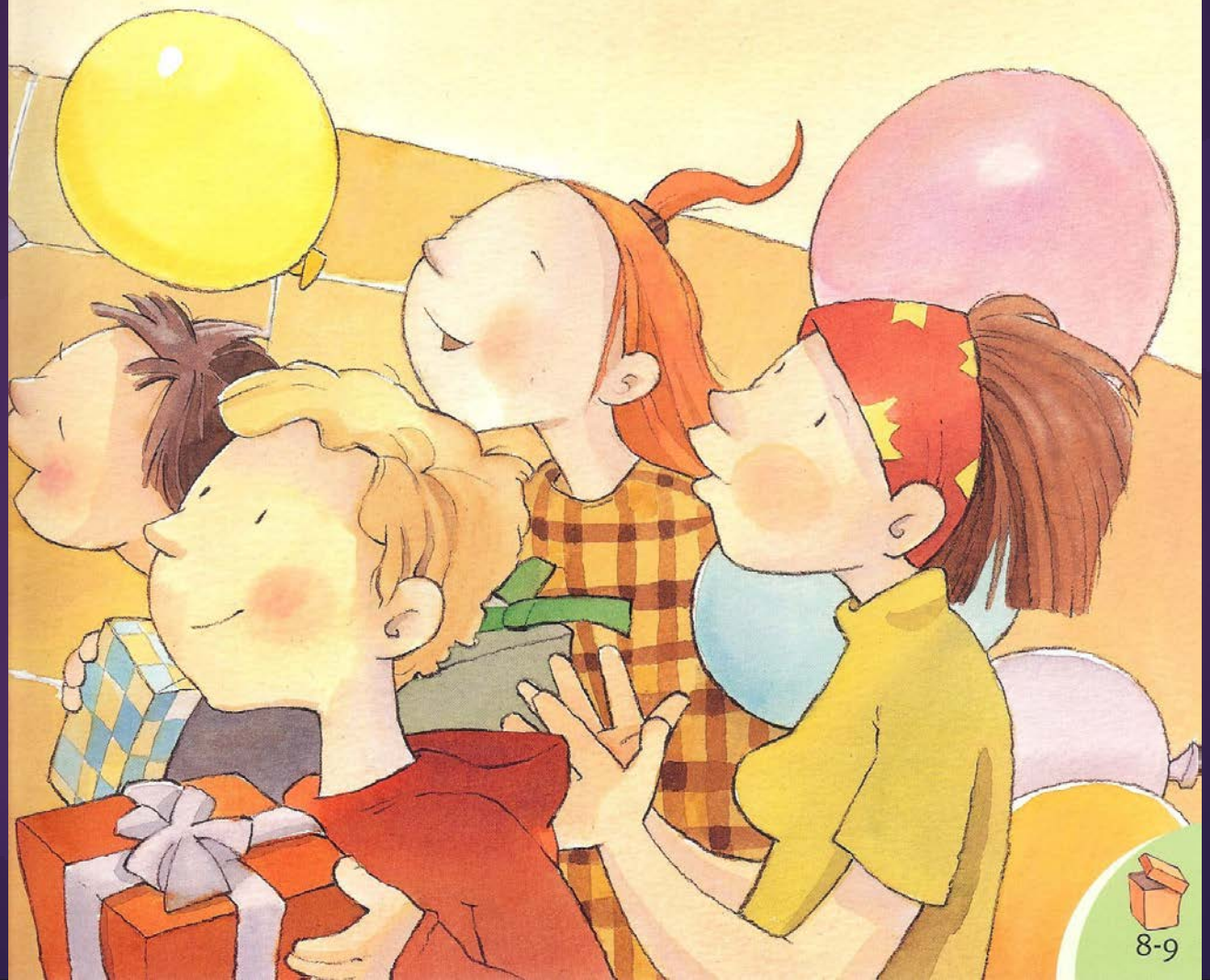
You're right! This kind of good secret is okay to keep, because it will always bring a smile to that special someone's face when they see their present.

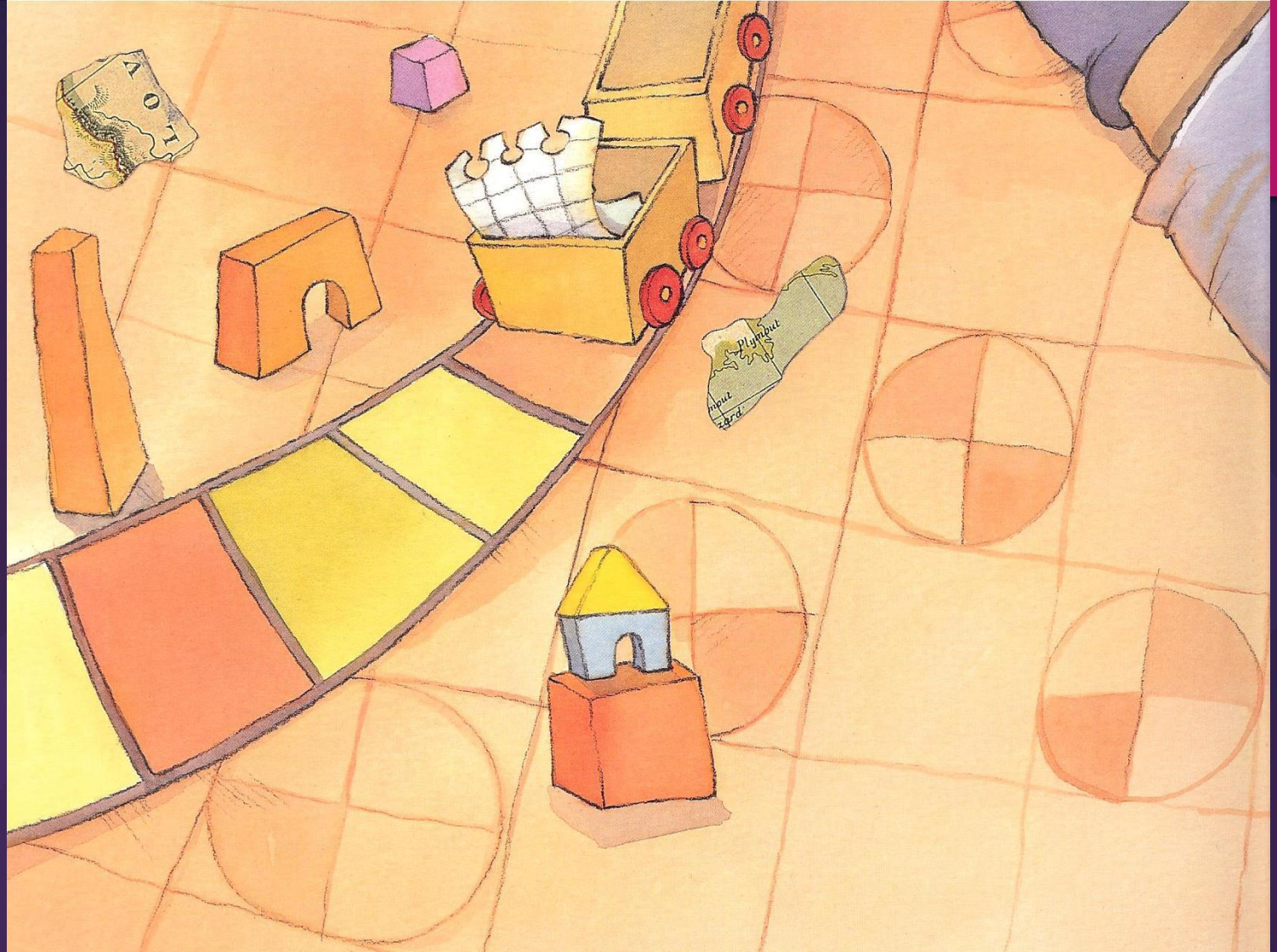




Can you think of a good secret that
is fun to keep?
Keeping a secret about your brother
or sister's surprise party can be so much fun!

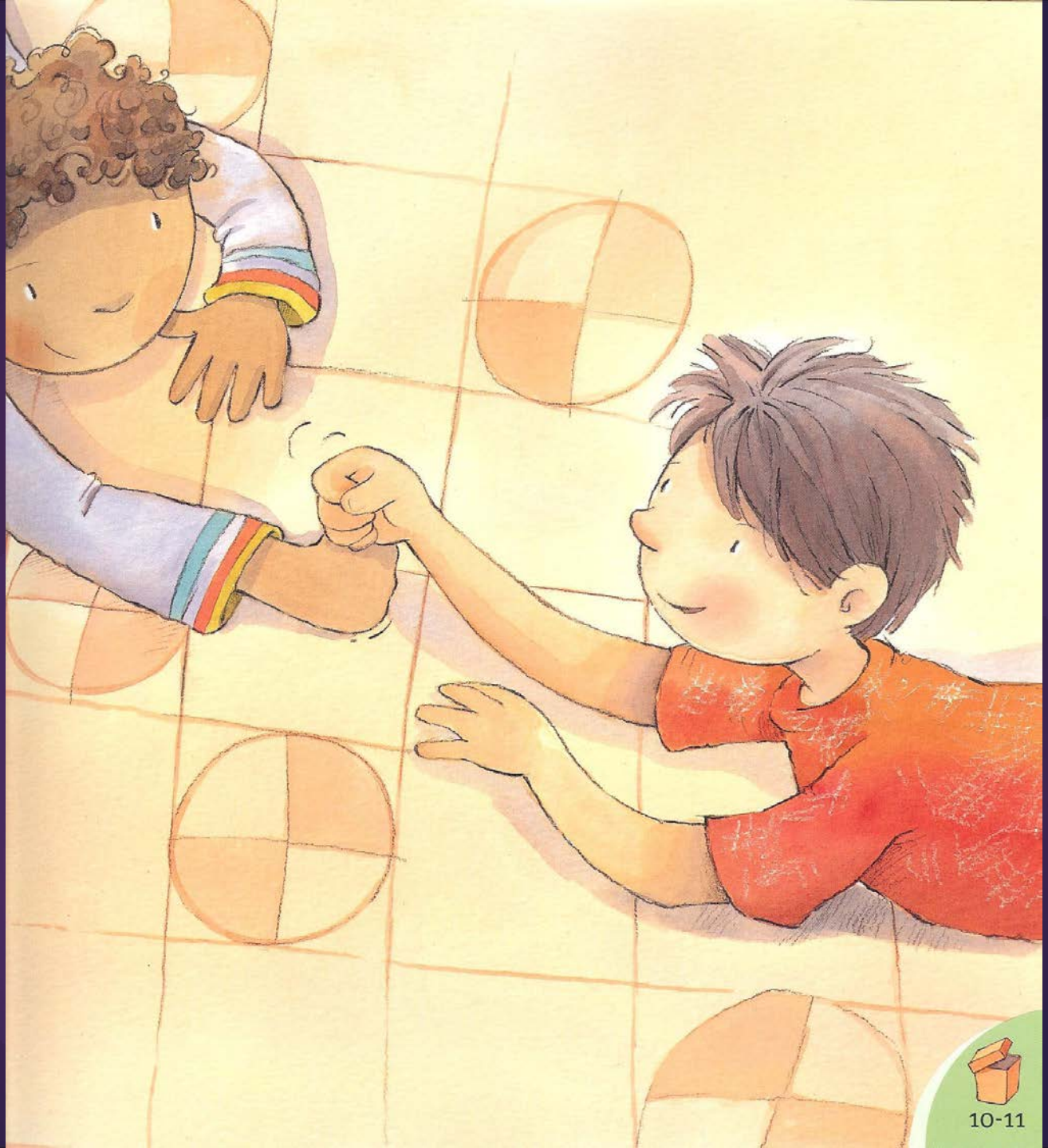
Just imagine the look on their faces when you yell "SURPRISE!"



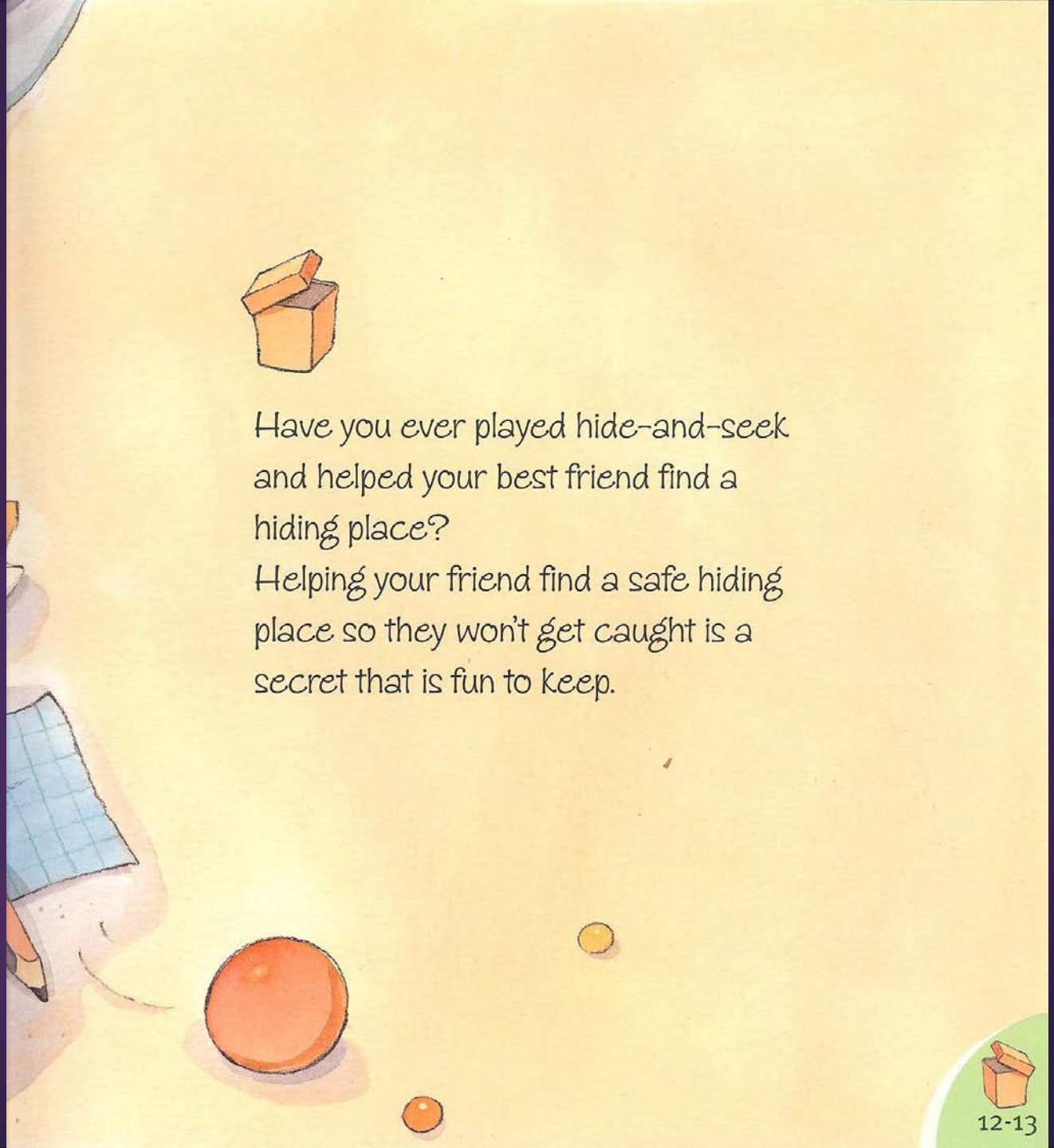


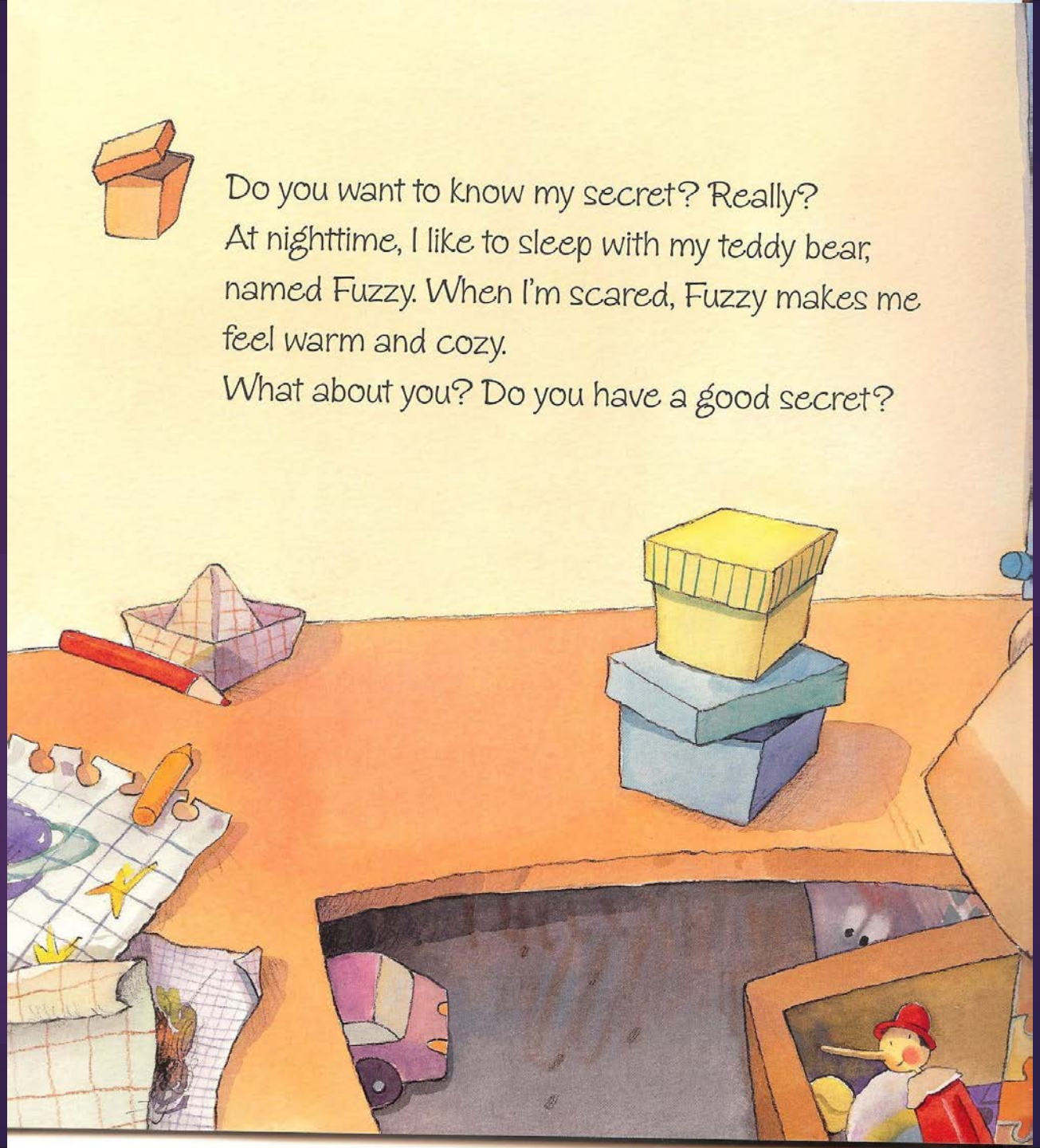
What about a special handshake you share with your best friend? Would that be a secret that is okay to keep?

I think so, too! Fancy handshakes are fun

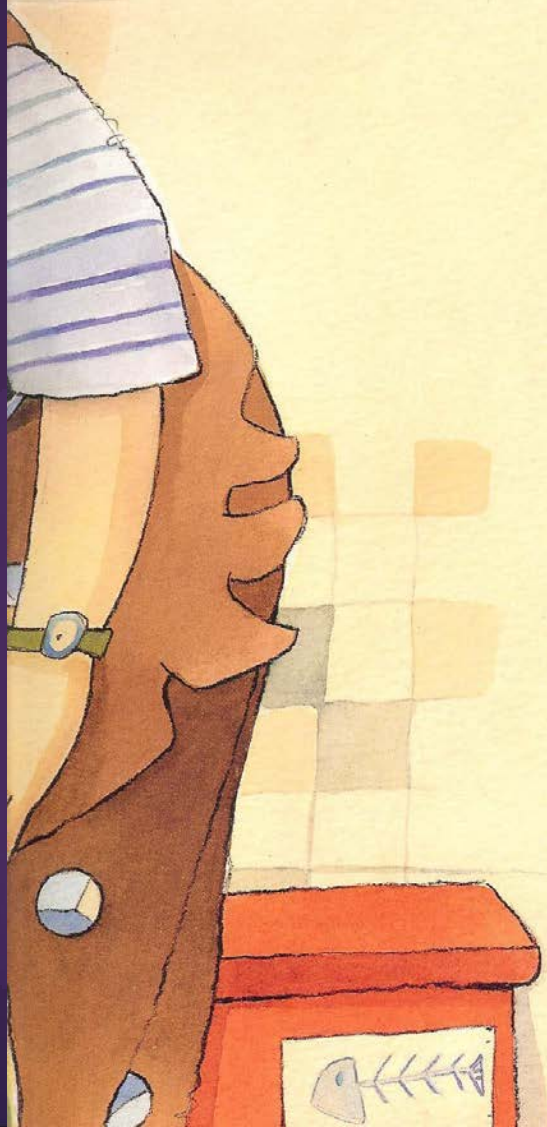


Have you ever played hide-and-seek and helped your best friend find a hiding place?
Helping your friend find a safe hiding place so they won't get caught is a secret that is fun to keep.

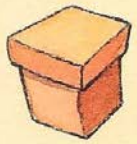




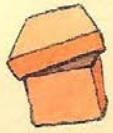
Do you want to know my secret? Really?
At nighttime, I like to sleep with my teddy bear,
named Fuzzy. When I'm scared, Fuzzy makes me
feel warm and cozy.
What about you? Do you have a good secret?



But what is a bad secret?
Did you know that bad secrets are things that don't make you feel happy on the inside?
Bad secrets can sometimes worry you a lot.
The only way to make you feel better and happy again is to tell a grown-up your secret.

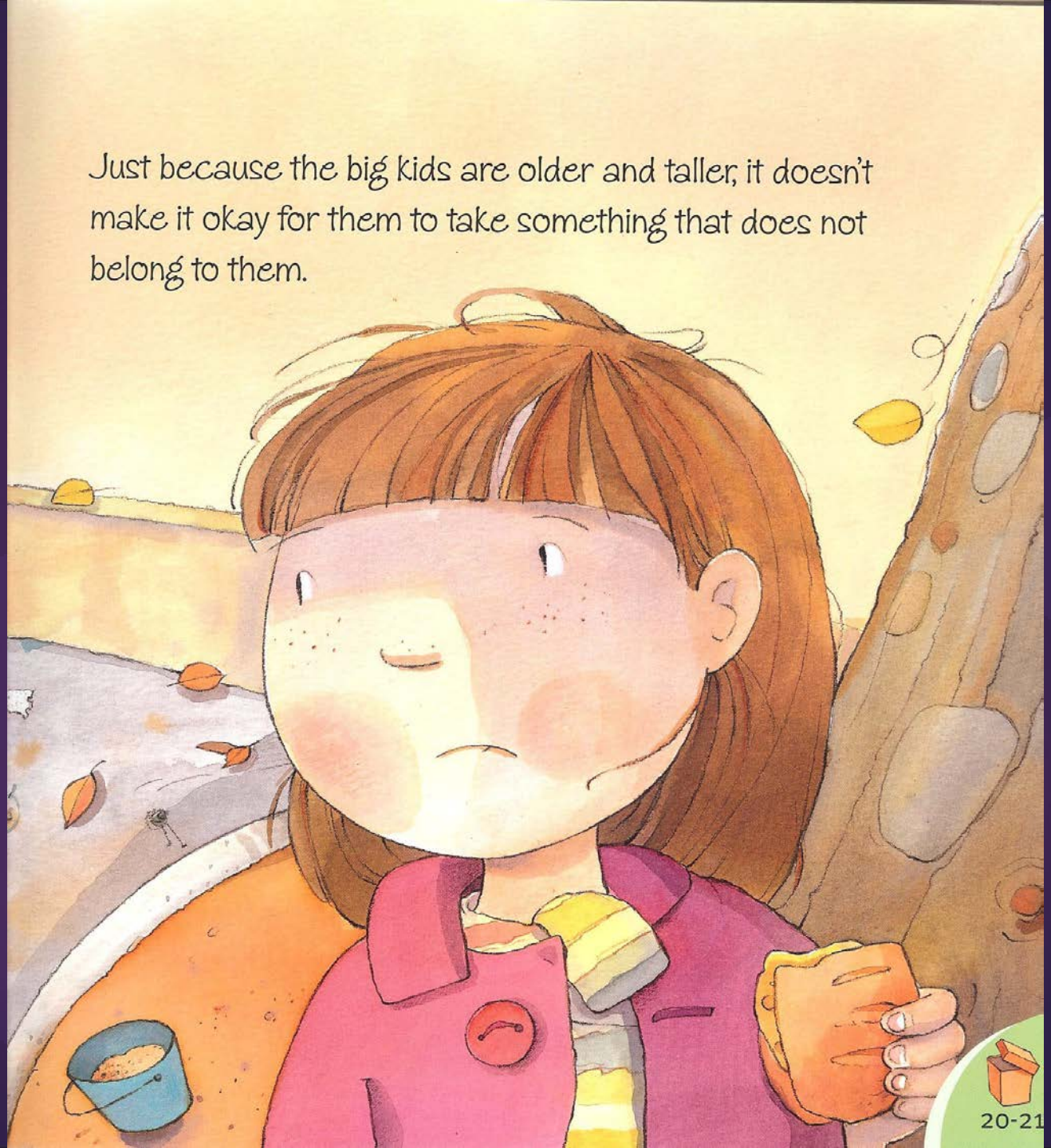


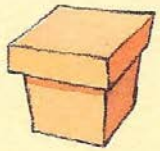
If you kept a secret about somebody who hurt you, because they hit or kicked or even punched you, would this be a good secret or a bad secret? You're right! It would be a bad secret because it is not okay for somebody to hurt you.



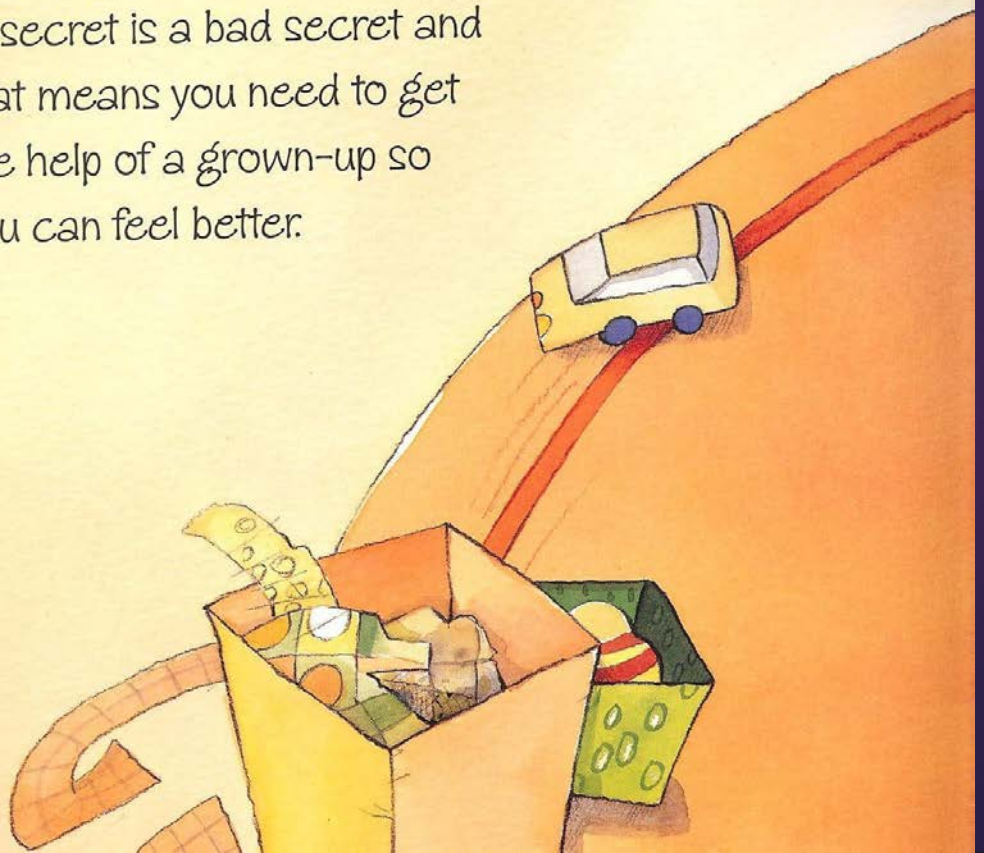
What would you do if you saw the bigger kids at your school take a smaller kid's lunch money? Would it be okay to keep this a secret? You're right! It's not okay!

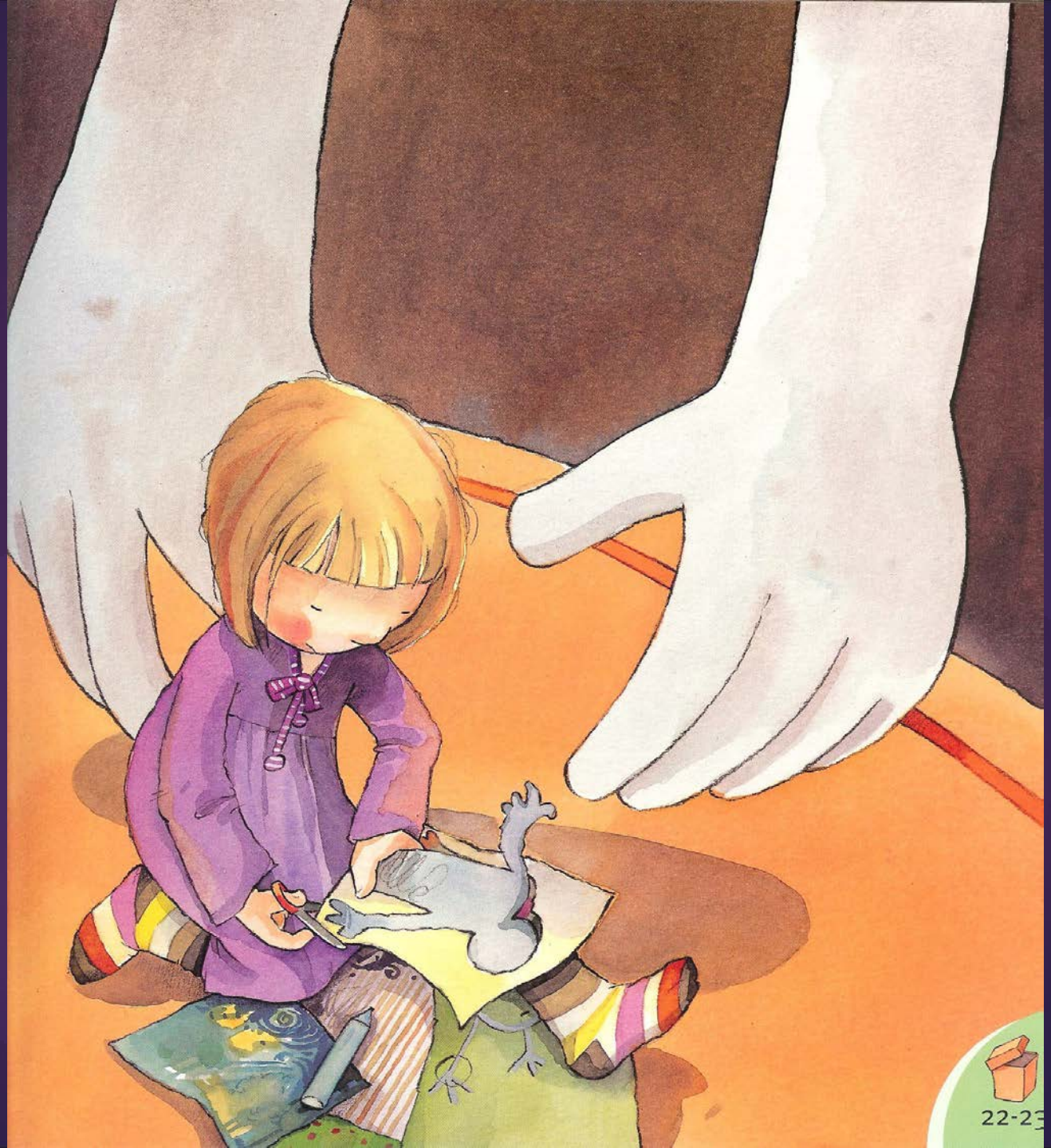
Just because the big kids are older and taller, it doesn't make it okay for them to take something that does not belong to them.

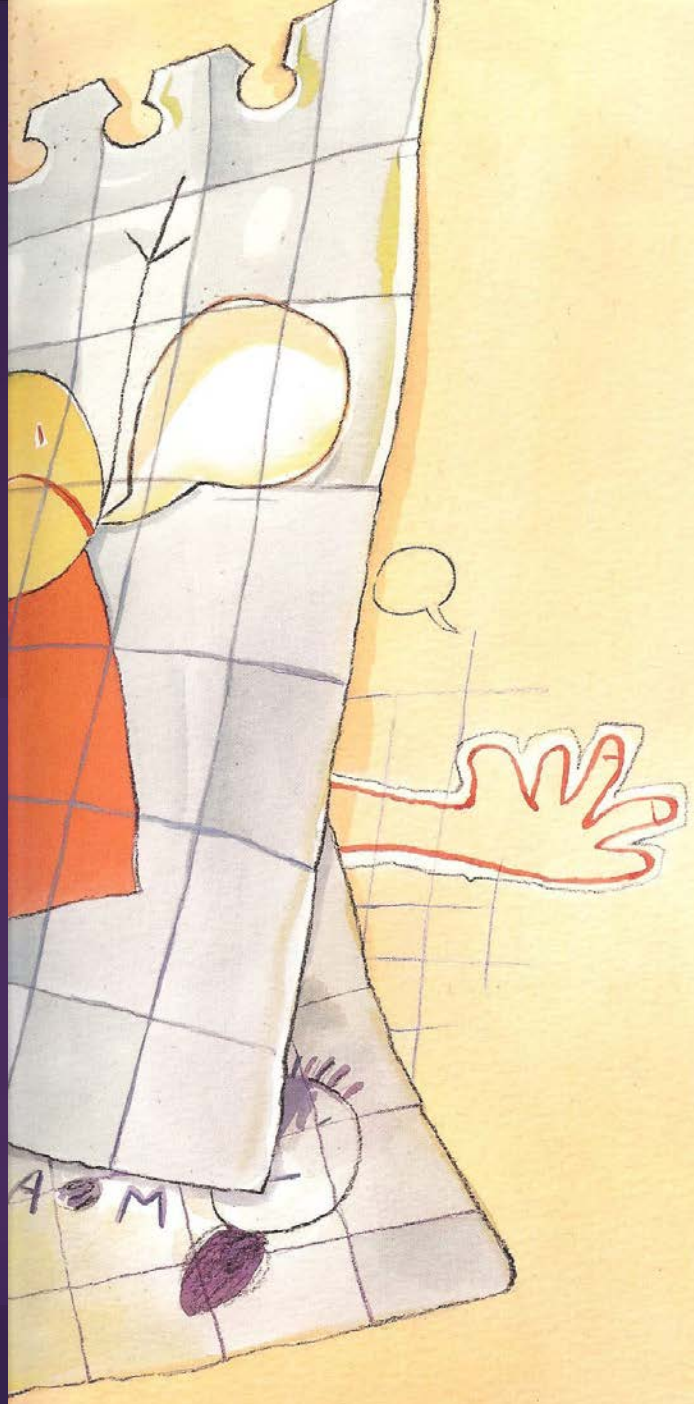




Can you think of another kind of bad secret? Would you keep it a secret if somebody touched you in a way that made you feel uncomfortable and all yucky inside? This kind of secret is a bad secret and that means you need to get the help of a grown-up so you can feel better.

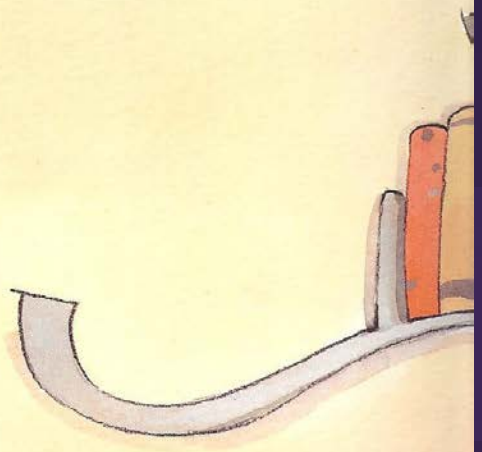


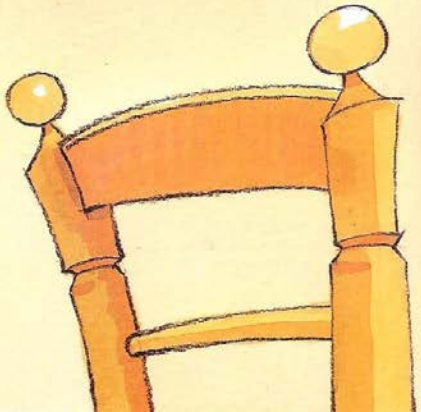

22-23



Do you think it is okay to keep a bad secret if someone asked you to? Of course not! It is not okay for somebody who has done something that they are not supposed to do, to tell you to keep it a secret. It is a bad secret, and you need to tell a grown-up.

And who can this
grown-up be?
This person should be
someone you trust, like
your Mom or your Dad,
or your aunt or your
uncle, or even your
teacher at school.
Telling a bad secret is a
very good thing to do!





Don't forget, secrets can be fun to keep, especially if they are things that will make you and somebody else very happy. These kinds of secrets are good and they are okay to keep. But keeping a secret about something that hurt you on the outside, or made you feel sad or scared on the inside, is not a good idea. The best thing to do

if you have a bad secret is to always tell a grown-up. Telling a grown-up your secret can sometimes feel like a hard thing to do. So, try to be brave and remember, that telling your secret is not only the right thing to do, but it will help to make you feel better.

Do you have a secret?

SAFE SECRETS:

- ✓*ARE FUN TO KEEP*
- ✓*DO NOT HURT US OR OTHERS*
- ✓*DO NOT MAKE US UNCOMFORTABLE*

UNSAFE SECRETS:

- ✓*SHOULD NOT BE KEPT*
- ✓*HURT US OR OTHERS*
- ✓*MAKE US FEEL UNCOMFORTABLE/CONFUSED*
- ✓*CAN MAKE US FEEL AFRAID*

THE PARTS OF OUR BODIES COVERED BY OUR BATHING SUITS ARE CALLED OUR PRIVATE PARTS.

WHAT ARE SOME SAFE TOUCHES?

…A HAND SHAKE
…A HUG FROM SOMEONE YOU LOVE
…A HIGH FIVE OR FIST BUMP
…A PAT ON THE BACK
…A KISS ON THE CHEEK

SAFE TOUCHES MAKE US FEEL…

…LOVED
…SECURE
…HAPPY
…COMFORTABLE
…PROUD

WHAT ARE SOME UNSAFE TOUCHES?

…A SLAP OR PUNCH
…A KICK OR PUSH
…TOUCHES TO OUR PRIVATE AREAS
…TOUCHES THAT MAKE US UNCOMFORTABLE

UNSAFE TOUCHES MAKE US FEEL…

…SAD
…AFRAID
…ANGRY
…CONFUSED, LIKE SOMETHING IS WRONG
…EMBARASSED

THERE IS SOMETHING CALLED A "PRIVATE TOUCH."

THESE TOUCHES ARE NOT MEANT TO HURT OR EMBARRASS US, BUT TO HELP US!

FOR EXAMPLE:

UNSAFE VS. PRIVATE TOUCHES

WHAT IF AN UNSAFE TOUCH OR LOOK HAPPENS TO YOU?

- *GET AWAY AS FAST AS YOU CAN!*
- *SAY "NO! I DO NOT LIKE THAT!"*
- *TELL A TRUSTED ADULT!*
- *REMEMBER, THIS IS NOT YOUR FAULT!*
- *KNOW THAT <u>YOU</u> HAVE DONE NOTHING WRONG!*

WHO CAN I TELL?

PARENT,
TEACHER,
DOCTOR,
POLICE,
NEIGHBOR…

WHY IS IT HARD TO TELL?

The unsafe person may try to trick you by saying:

- *IF YOU TELL, YOU WILL GET IN TROUBLE.*
- *YOUR PARENTS WILL BE ANGRY WITH YOU.*
- *I WILL HURT YOUR FAMILY OR PET.*
- *YOU WANTED ME TO DO IT.*
- *NO ONE WILL BELIEVE YOU.*
- *ALL KIDS DO THIS.*

WHAT DO YOU THINK? THUMBS UP OR DOWN?

A GROWN UP SHOWS YOU HIS OR HER PRIVATE PARTS. YOU DECIDE TO TELL A TRUSTED ADULT. THUMBS UP OR THUMBS DOWN?

YOUR FRIEND TELLS YOU SOMEONE HAS TOUCHED HER IN HER PRIVATE AREA. SHE ASKS YOU TO KEEP IT A SECRET. THUMBS UP OR THUMBS DOWN?

A GROWN UP FRIEND OF YOUR FAMILY TELLS YOU HE/SHE WILL GIVE YOU A SPECIAL GIFT IF YOU ALLOW HIM/HER TO TOUCH IN THIS UNSAFE WAY. YOU REALLY WANT THIS GIFT.

A RELATIVE ALWAYS WANTS TO GIVE YOU A KISS WHEN THEY SEE YOU. SOMETIMES YOU DO NOT WANT TO GIVE A KISS. YOU SAY "NO THANK YOU, NOT TODAY." THUMBS UP OR THUMBS DOWN?

Where Can I Get Help?

Sexual Assault Service Center

(815)730-8984

Groundwork Domestic Violence Program

(815)729-1228

815-729-0930, ext. 1524

jmasokas@gacsprograms.org

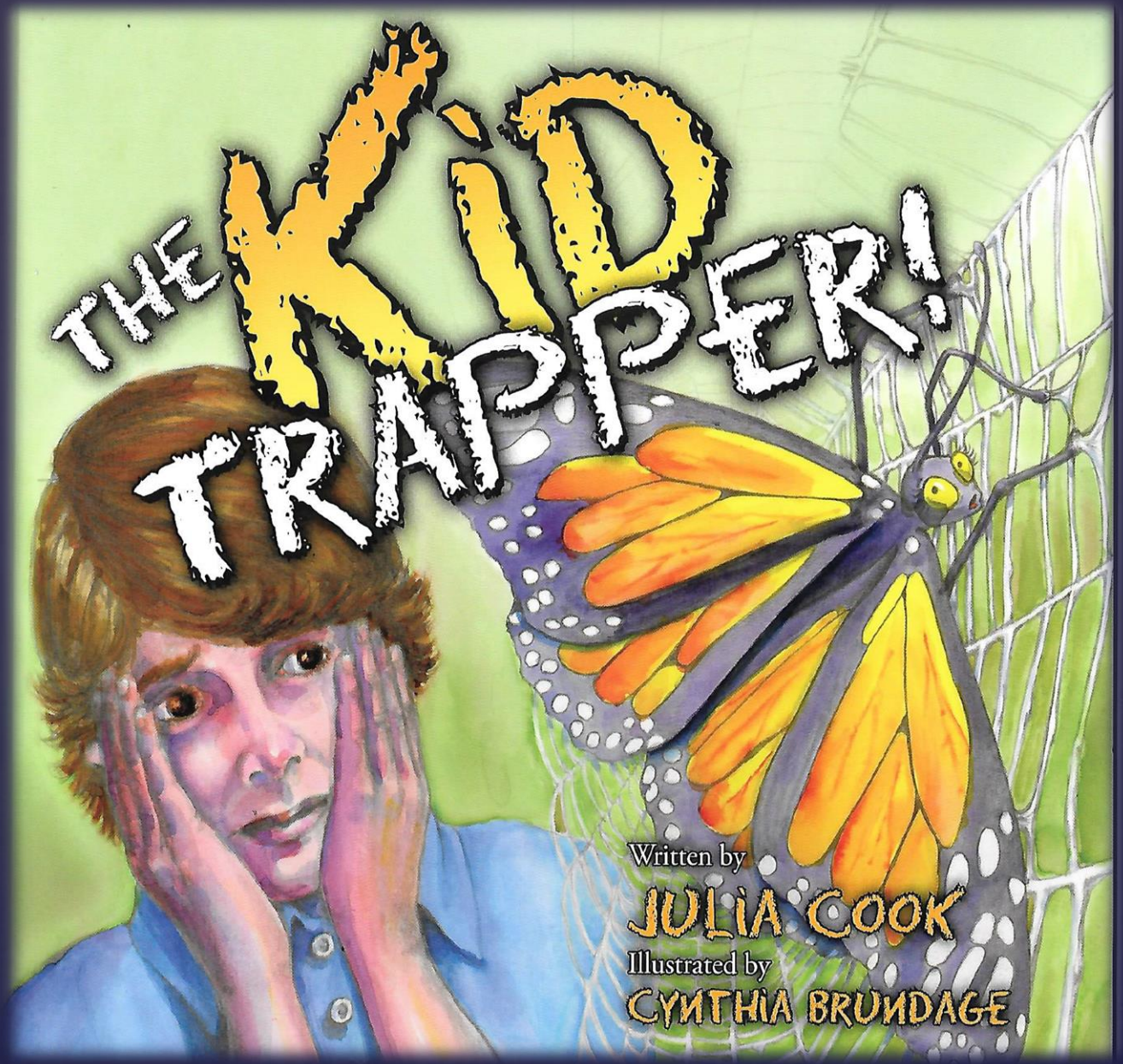
SAFE AND UNSAFE TOUCH

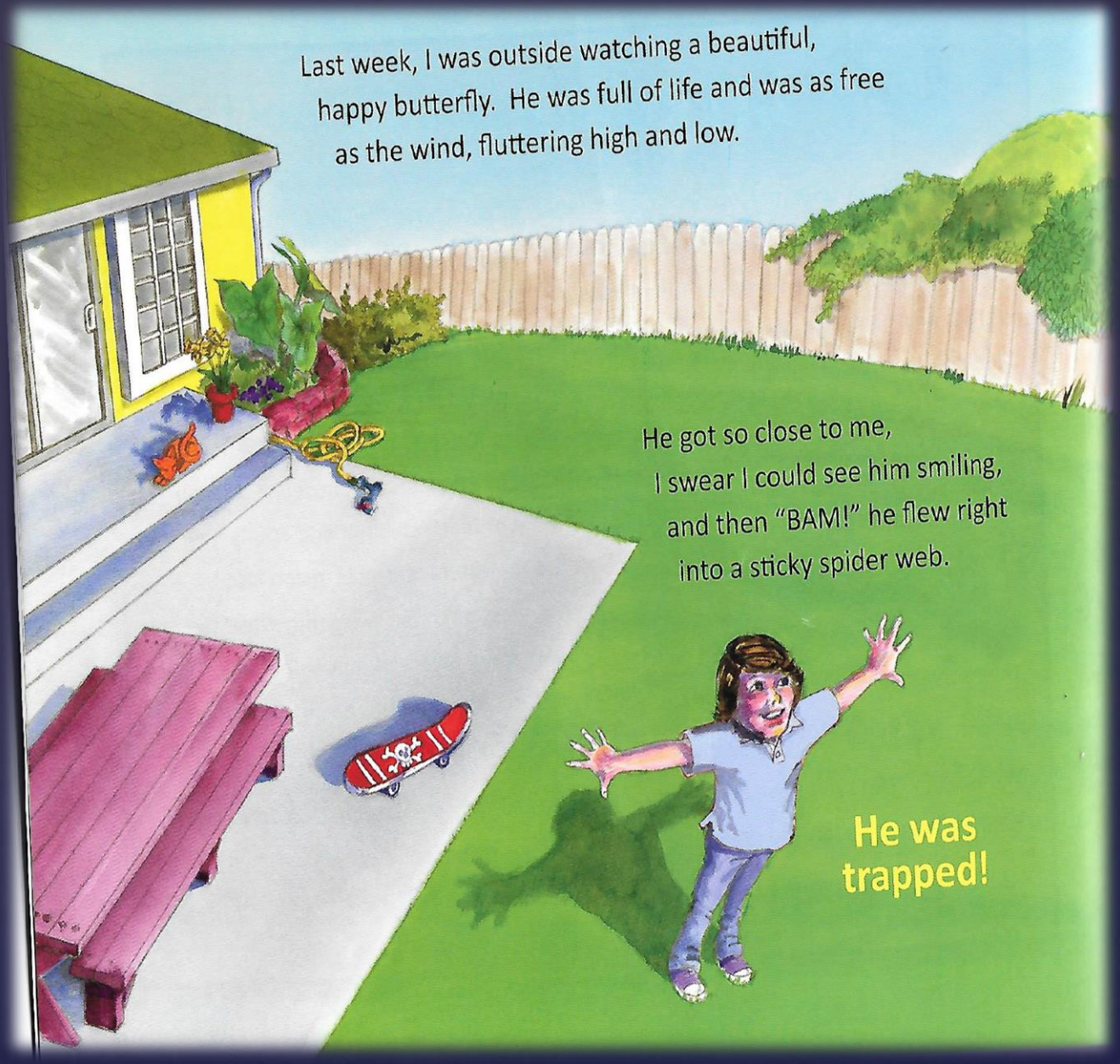
GUARDIAN ANGEL
COMMUNITY SERVICES
Changing and Saving lives since 1897

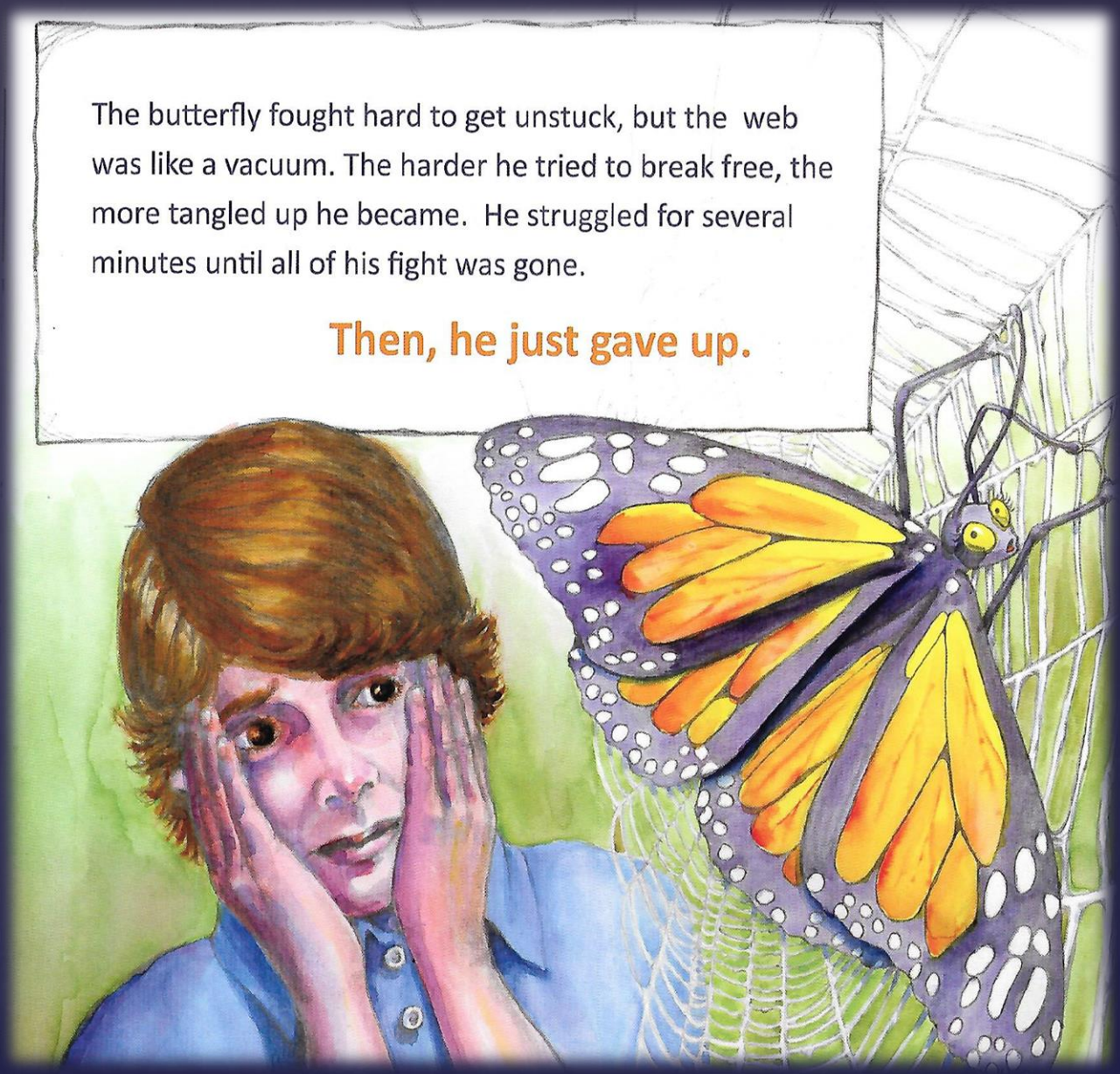
LISA WONG, BA
PREVENTIONIST
SEXUAL ASSAULT SERVICE CENTER
24-HOUR HOTLINE: 815-730-8984

Guardian Angel wants to help kids stay safe!

Let's start our story!


THE KID TRAPPER!
Written by
JULIA COOK
Illustrated by
CYNTHIA BRUNDAGE

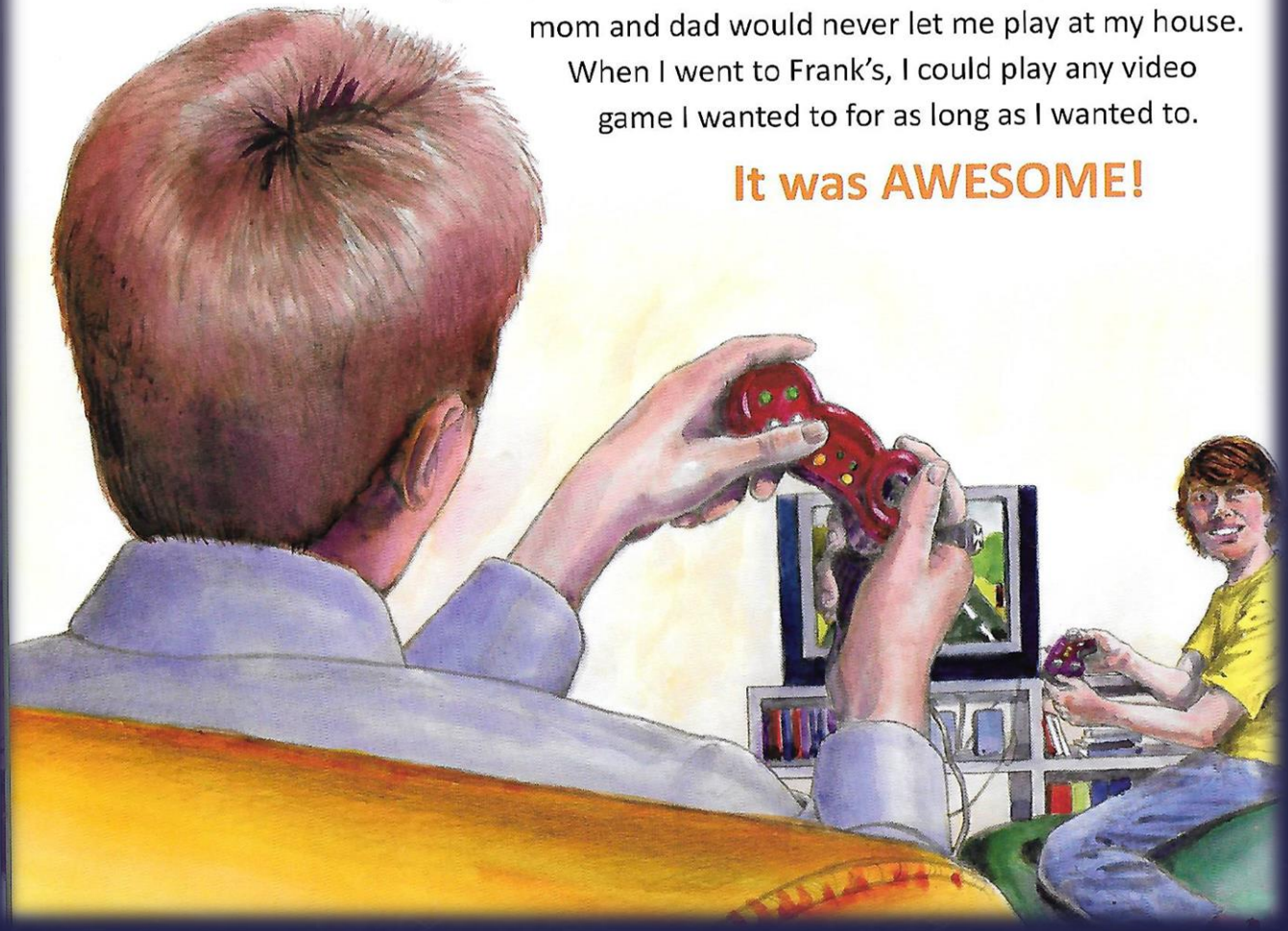

Last week, I was outside watching a beautiful, happy butterfly. He was full of life and was as free as the wind, fluttering high and low.
He got so close to me, I swear I could see him smiling, and then "BAM!" he flew right into a sticky spider web.
He was trapped!

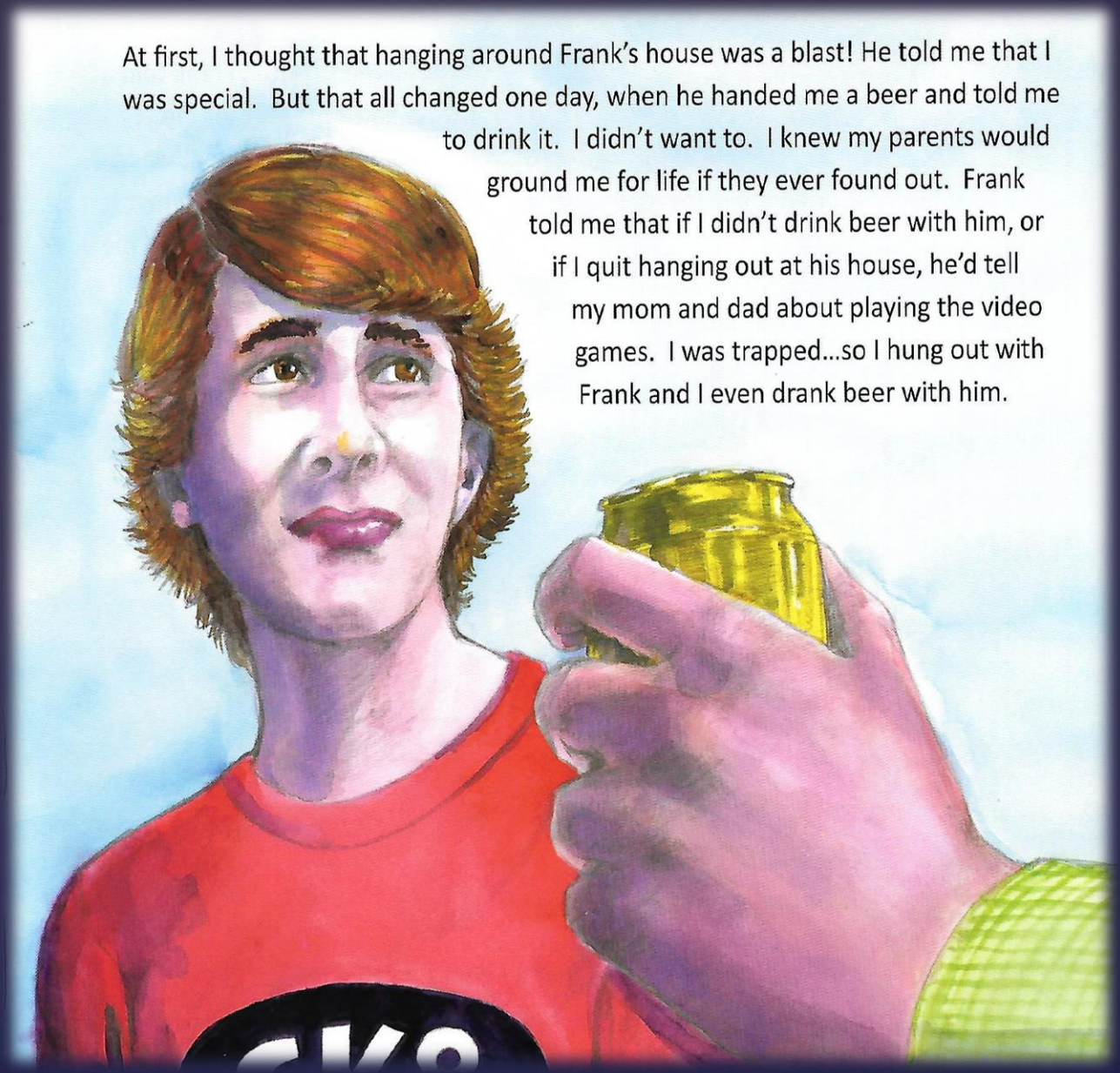

The butterfly fought hard to get unstuck, but the web was like a vacuum. The harder he tried to break free, the more tangled up he became. He struggled for several minutes until all of his fight was gone.
Then, he just gave up.

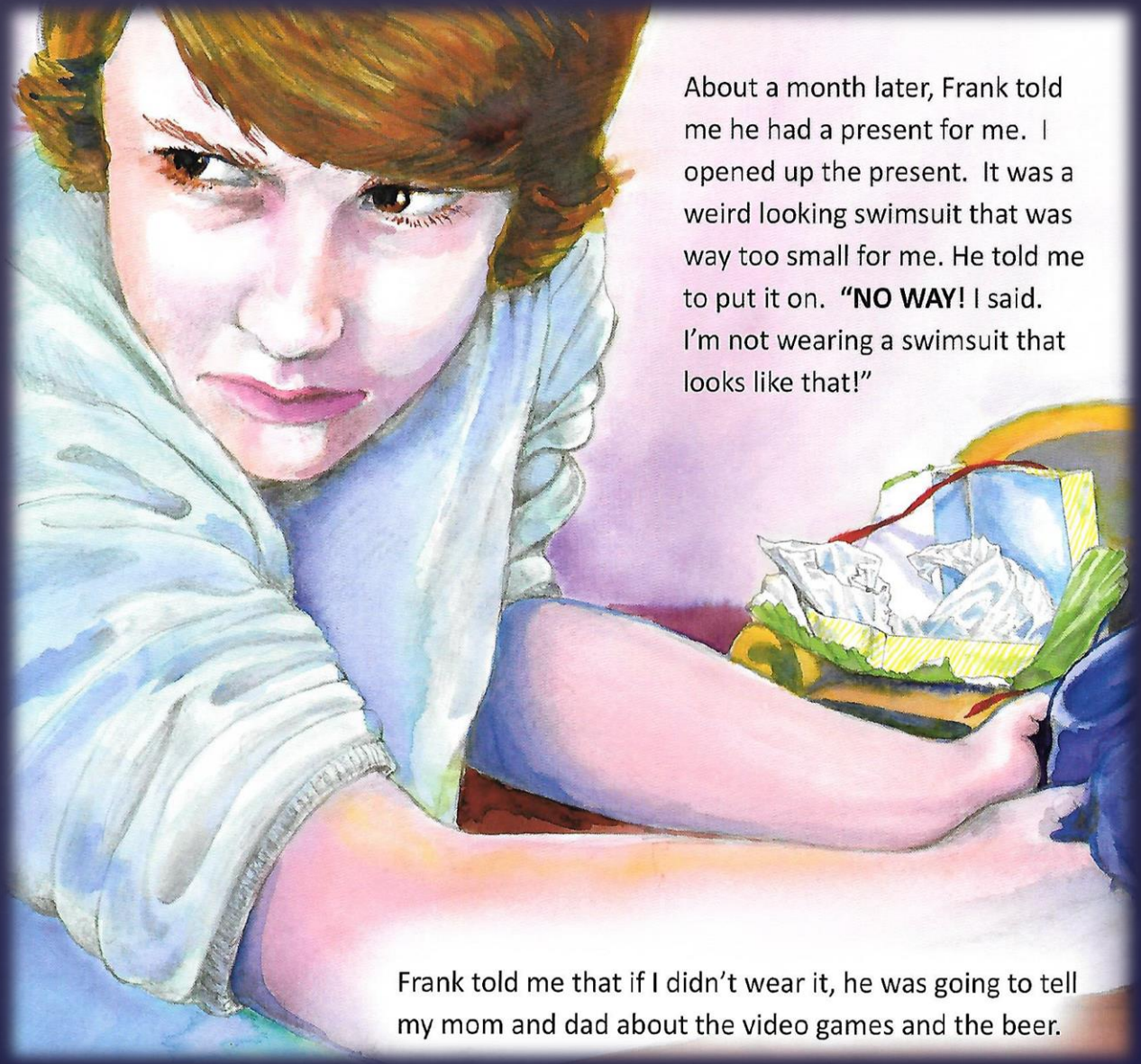
I was just like the butterfly...***I was trapped.***

I met Frank about a year ago. He moved into the house across the street and four houses down. He was the coolest grown-up I had ever met! He had every video game known to man. He even owned the games that my mom and dad would never let me play at my house. When I went to Frank's, I could play any video game I wanted to for as long as I wanted to.

It was AWESOME!

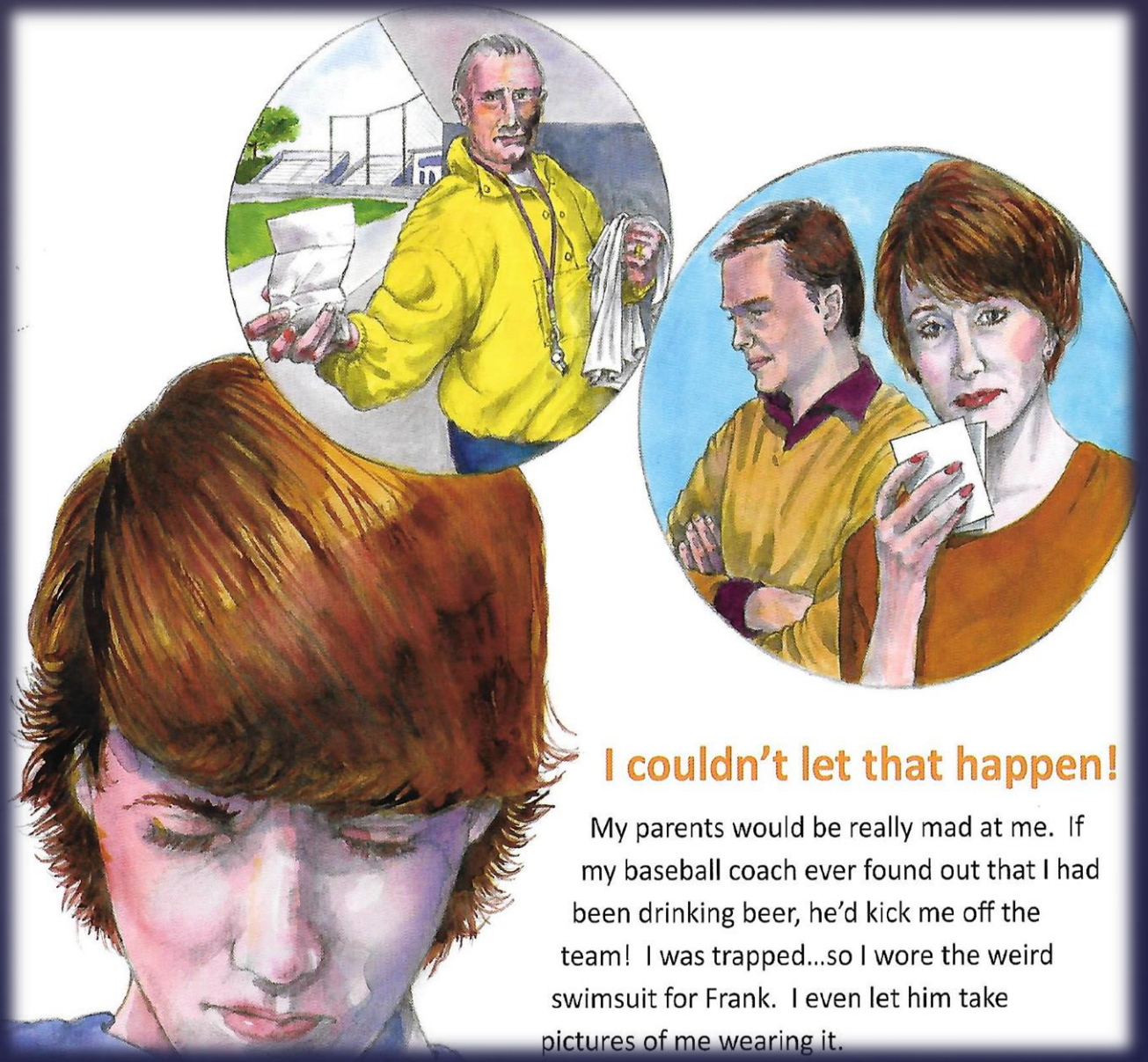



At first, I thought that hanging around Frank's house was a blast! He told me that I was special. But that all changed one day, when he handed me a beer and told me to drink it. I didn't want to. I knew my parents would ground me for life if they ever found out. Frank told me that if I didn't drink beer with him, or if I quit hanging out at his house, he'd tell my mom and dad about playing the video games. I was trapped...so I hung out with Frank and I even drank beer with him.



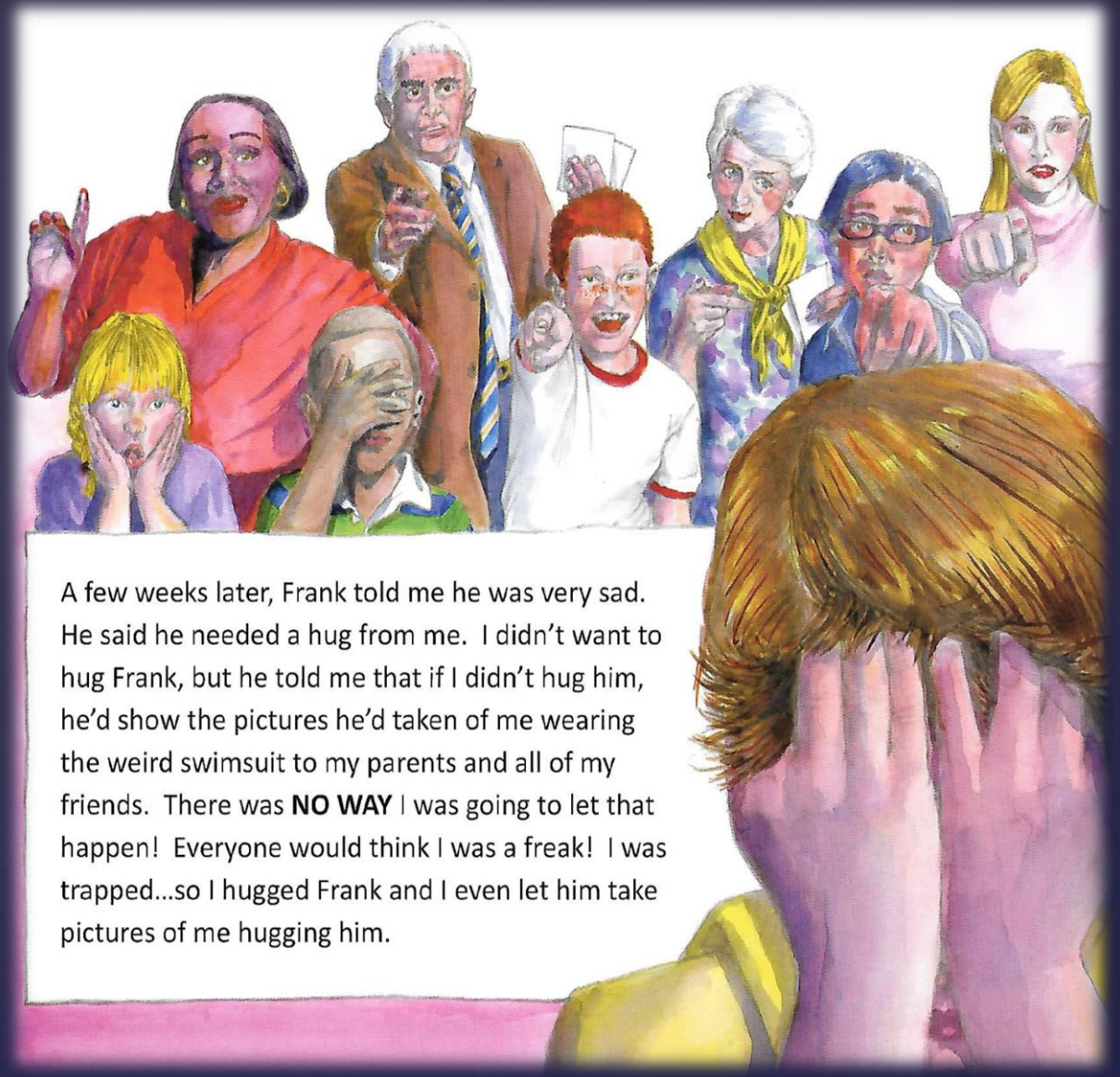
About a month later, Frank told me he had a present for me. I opened up the present. It was a weird looking swimsuit that was way too small for me. He told me to put it on. **"NO WAY!** I said. I'm not wearing a swimsuit that looks like that!"

Frank told me that if I didn't wear it, he was going to tell my mom and dad about the video games and the beer.

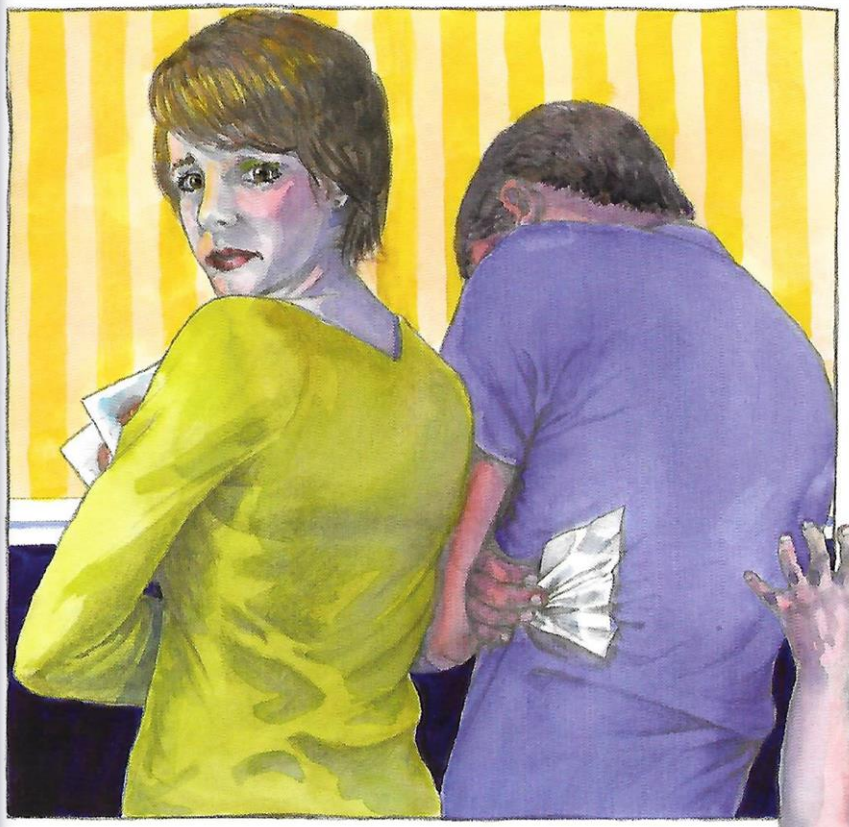


I couldn't let that happen!

My parents would be really mad at me. If my baseball coach ever found out that I had been drinking beer, he'd kick me off the team! I was trapped...so I wore the weird swimsuit for Frank. I even let him take pictures of me wearing it.



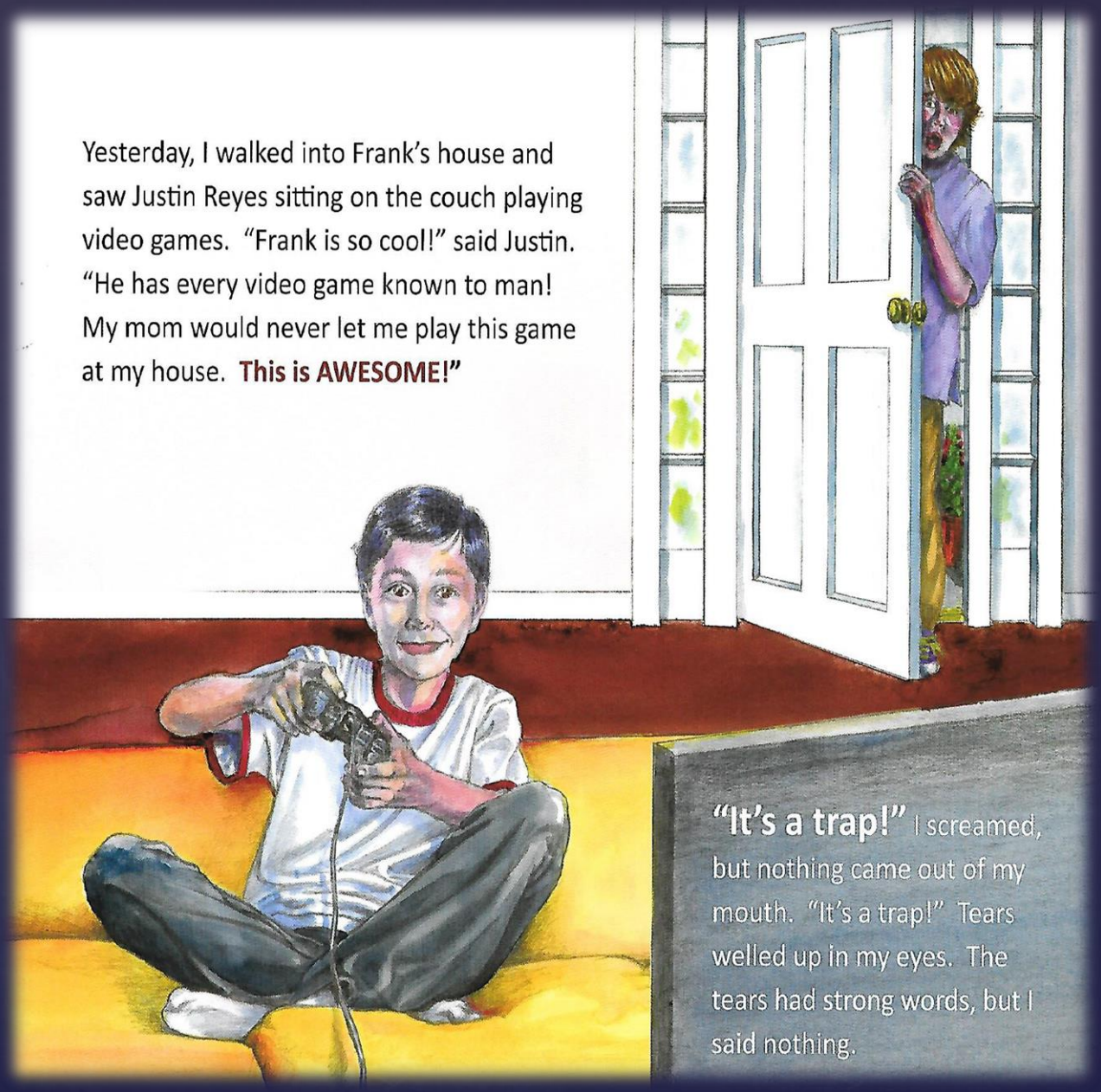
A few weeks later, Frank told me he was very sad. He said he needed a hug from me. I didn't want to hug Frank, but he told me that if I didn't hug him, he'd show the pictures he'd taken of me wearing the weird swimsuit to my parents and all of my friends. There was **NO WAY** I was going to let that happen! Everyone would think I was a freak! I was trapped...so I hugged Frank and I even let him take pictures of me hugging him.



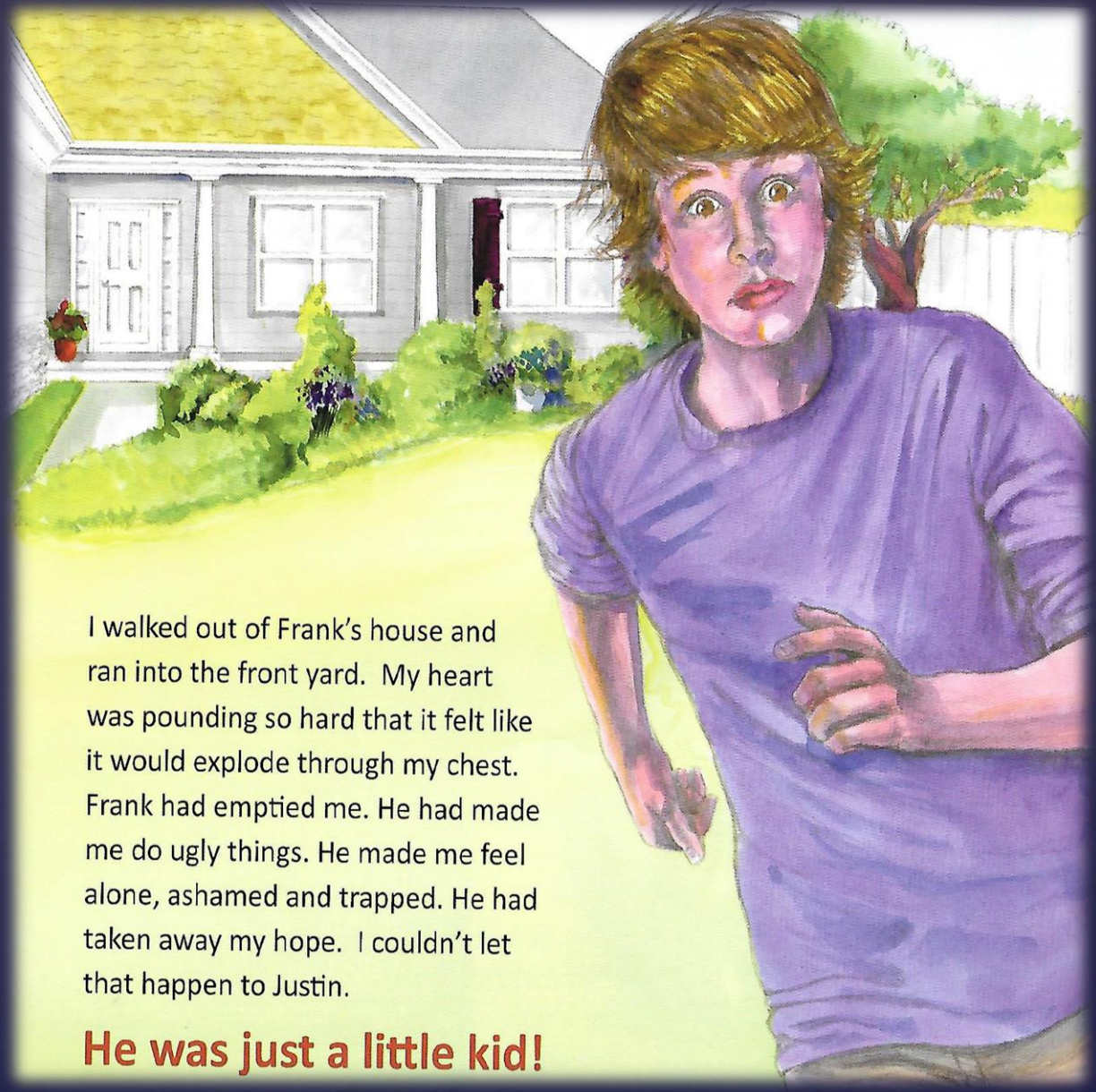
They would probably even stop loving me.

I had to do everything Frank told me to do. If I didn't, he said he would tell people all about the things I had done wrong. He said he would even show them the pictures he'd taken as proof. Frank told me that if my parents ever found out, they would be so ashamed of me that they would never be able to forgive me.

Yesterday, I walked into Frank's house and saw Justin Reyes sitting on the couch playing video games. "Frank is so cool!" said Justin. "He has every video game known to man! My mom would never let me play this game at my house. **This is AWESOME!"**



"It's a trap!" I screamed, but nothing came out of my mouth. "It's a trap!" Tears welled up in my eyes. The tears had strong words, but I said nothing.



I walked out of Frank's house and ran into the front yard. My heart was pounding so hard that it felt like it would explode through my chest. Frank had emptied me. He had made me do ugly things. He made me feel alone, ashamed and trapped. He had taken away my hope. I couldn't let that happen to Justin.

He was just a little kid!

I ran to Justin's house and knocked on his door. His mom answered.

"Mrs. Reyes," I said. "Please call Justin and tell him to come home."

"Why?" she asked.

"He's over at Frank's playing video games," I said.

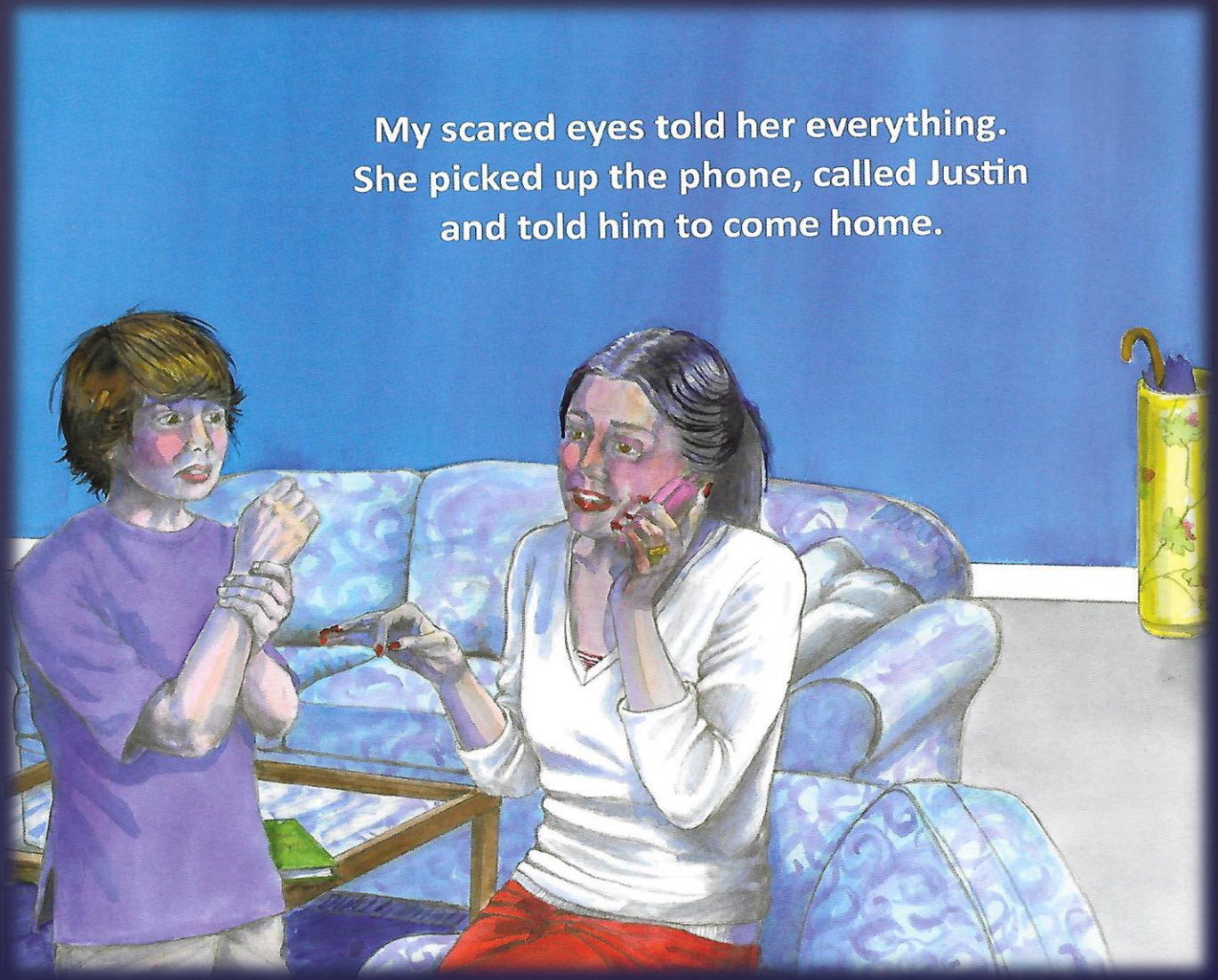
"Yes, I know where he is," she said. "Frank is such a great guy and he is so good to all of you boys."

"Please!" I said.
"It's a trap!
Frank traps kids.

Please call Justin and tell him to come home and don't ever let him go to Frank's house again!"

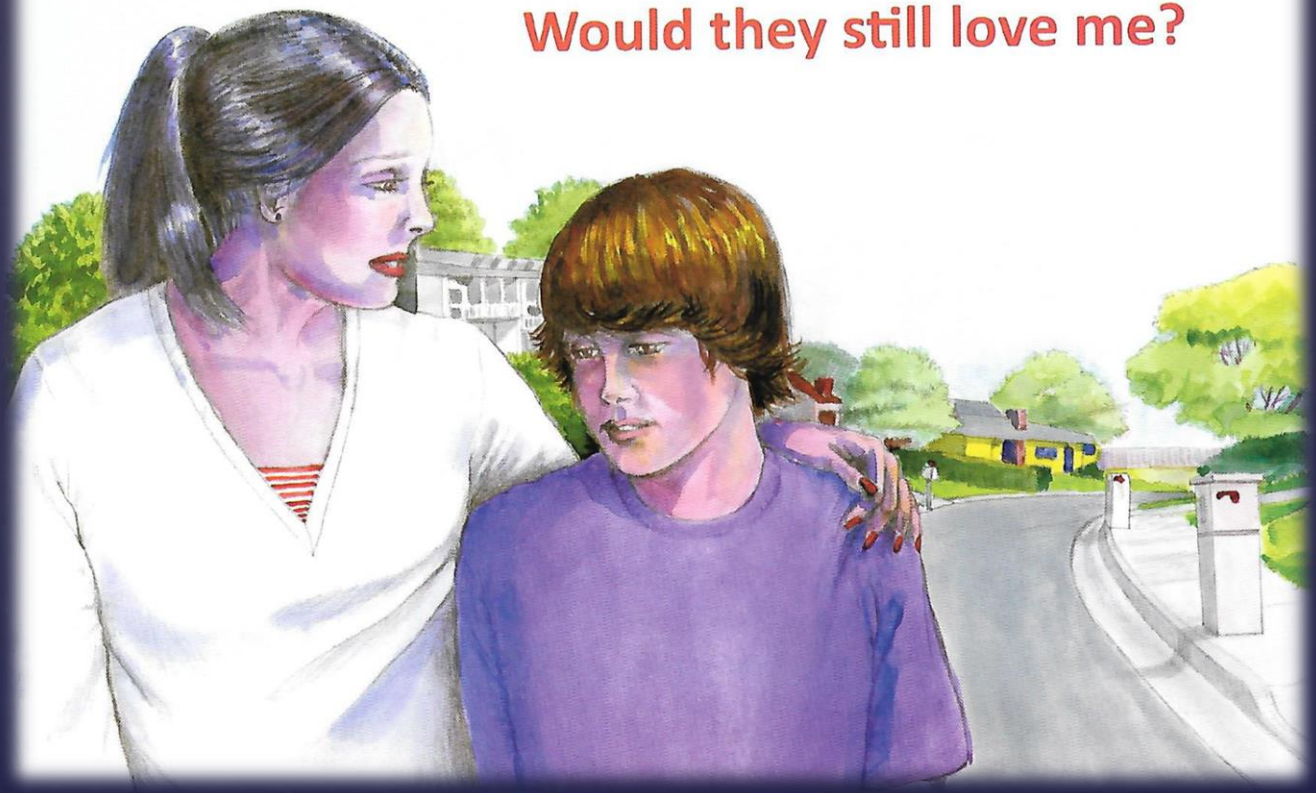
"What are you saying?" Mrs. Reyes asked.

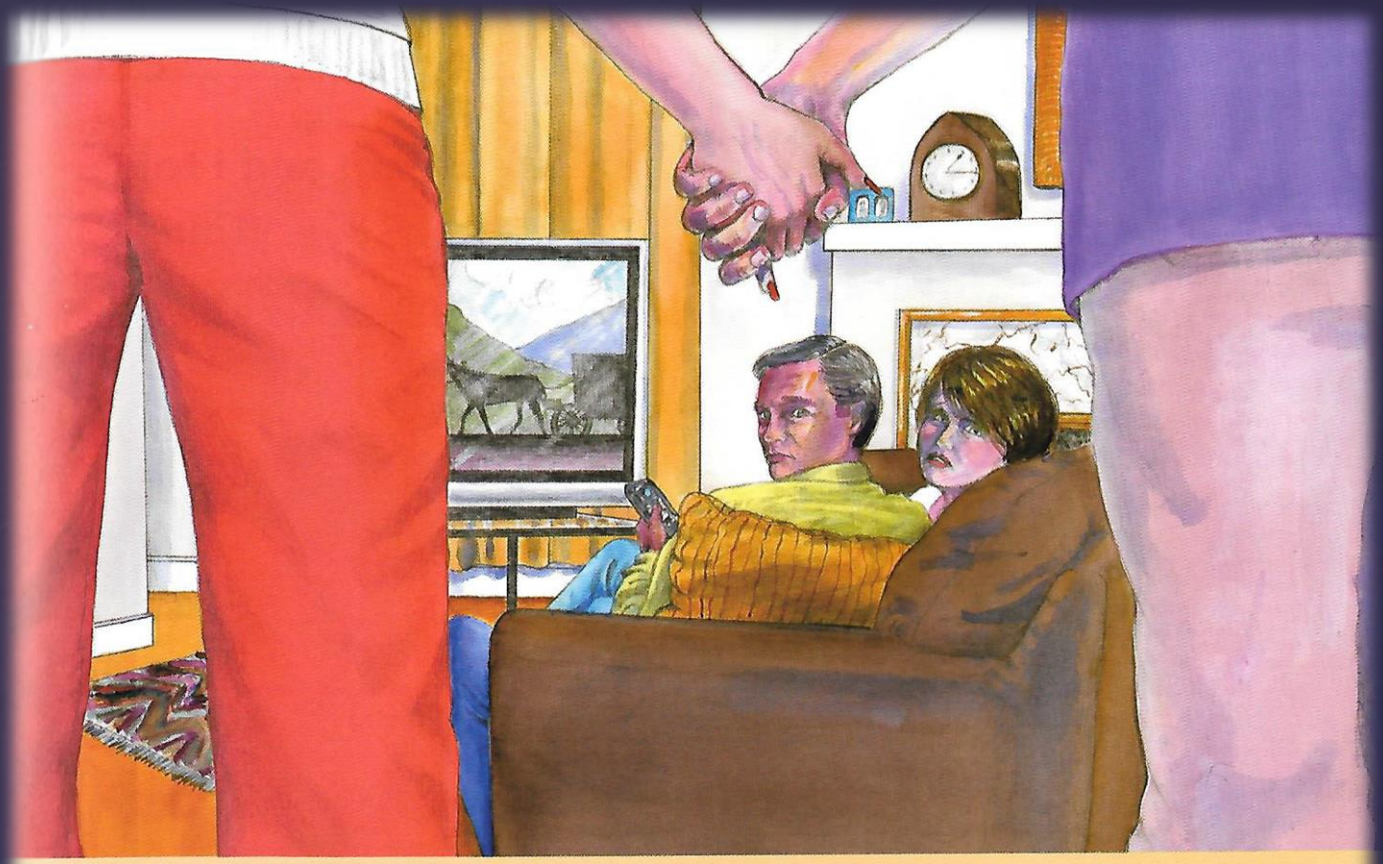
"Frank trapped me. He tricked me into doing things I didn't want to do, things I can't tell you about. Please, I just don't want anything to happen to Justin."


My scared eyes told her everything.
She picked up the phone, called Justin
and told him to come home.

I tried to hold it all in, but I ended up telling Justin's mom all about Frank and his traps. The words just poured out of my mouth like a flood. Mrs. Reyes hugged me tight. She told me that it wasn't my fault. She promised me that if I told my parents everything that had happened they wouldn't be mad at me. She even said that she would go with me to talk to them.

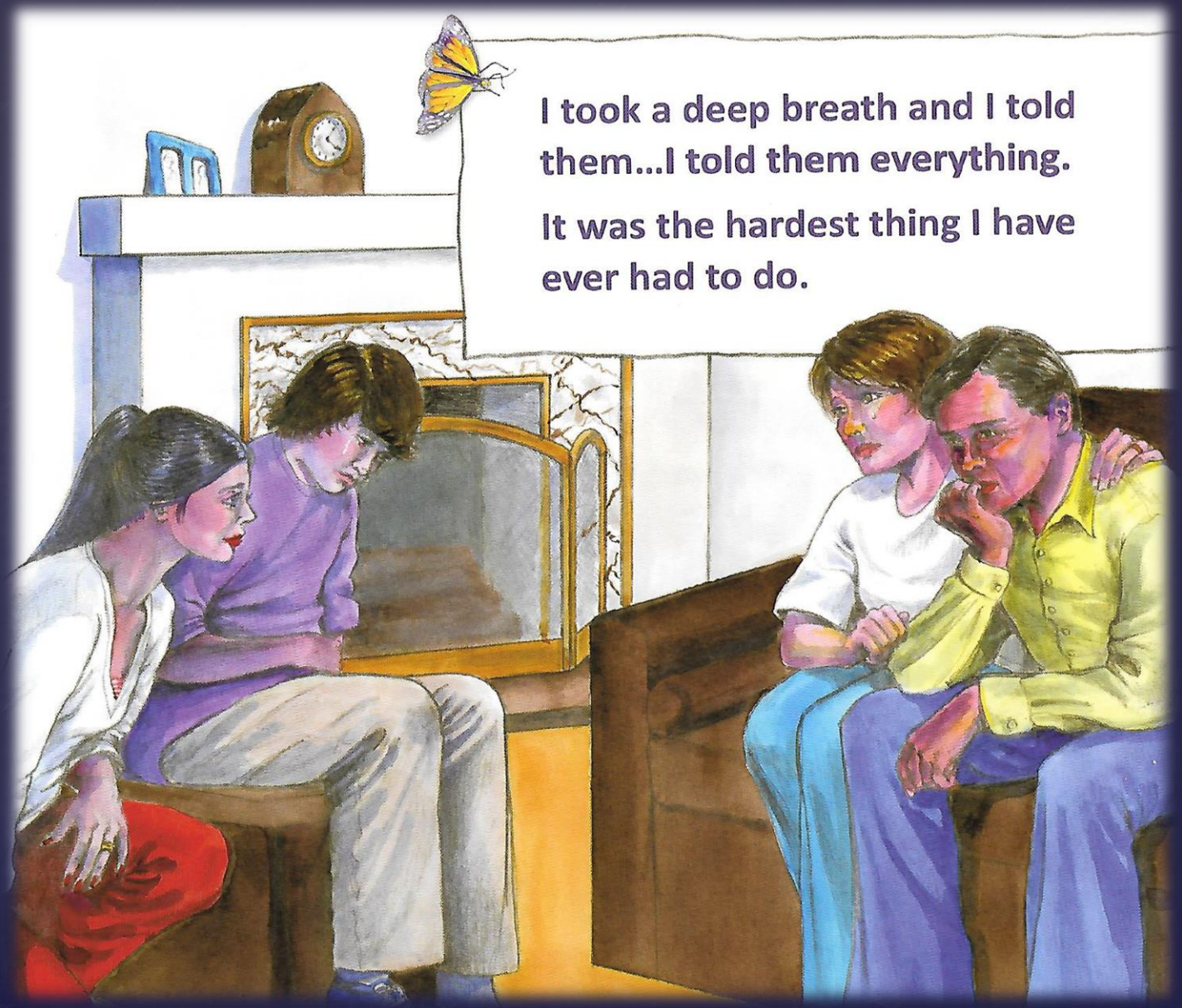
Together we walked toward my house. I felt numb. I couldn't feel my feet against the sidewalk. What would I say to them? How could I tell them? What would they think of me?

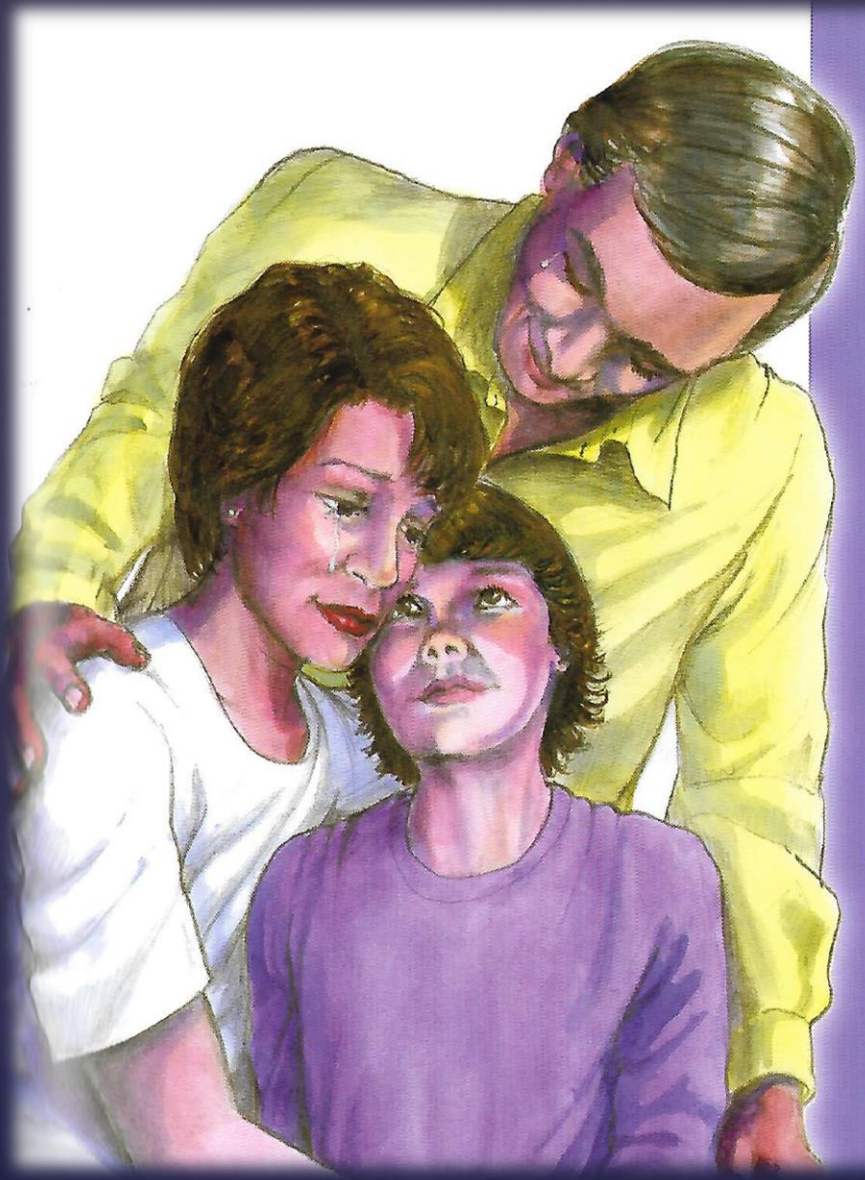




When we got to my front door, Mrs. Reyes took hold of my hand. Her eyes were full of tears. "Thank you, she said, for saving Justin."

I walked into my house. My parents were sitting on the couch watching TV. They took one look at my face and knew something was wrong. "What happened? Are you OK?" my mom asked. Mrs. Reyes held my hand tight. Having her there made me feel strong.


I took a deep breath and I told them...I told them everything.
It was the hardest thing I have ever had to do.

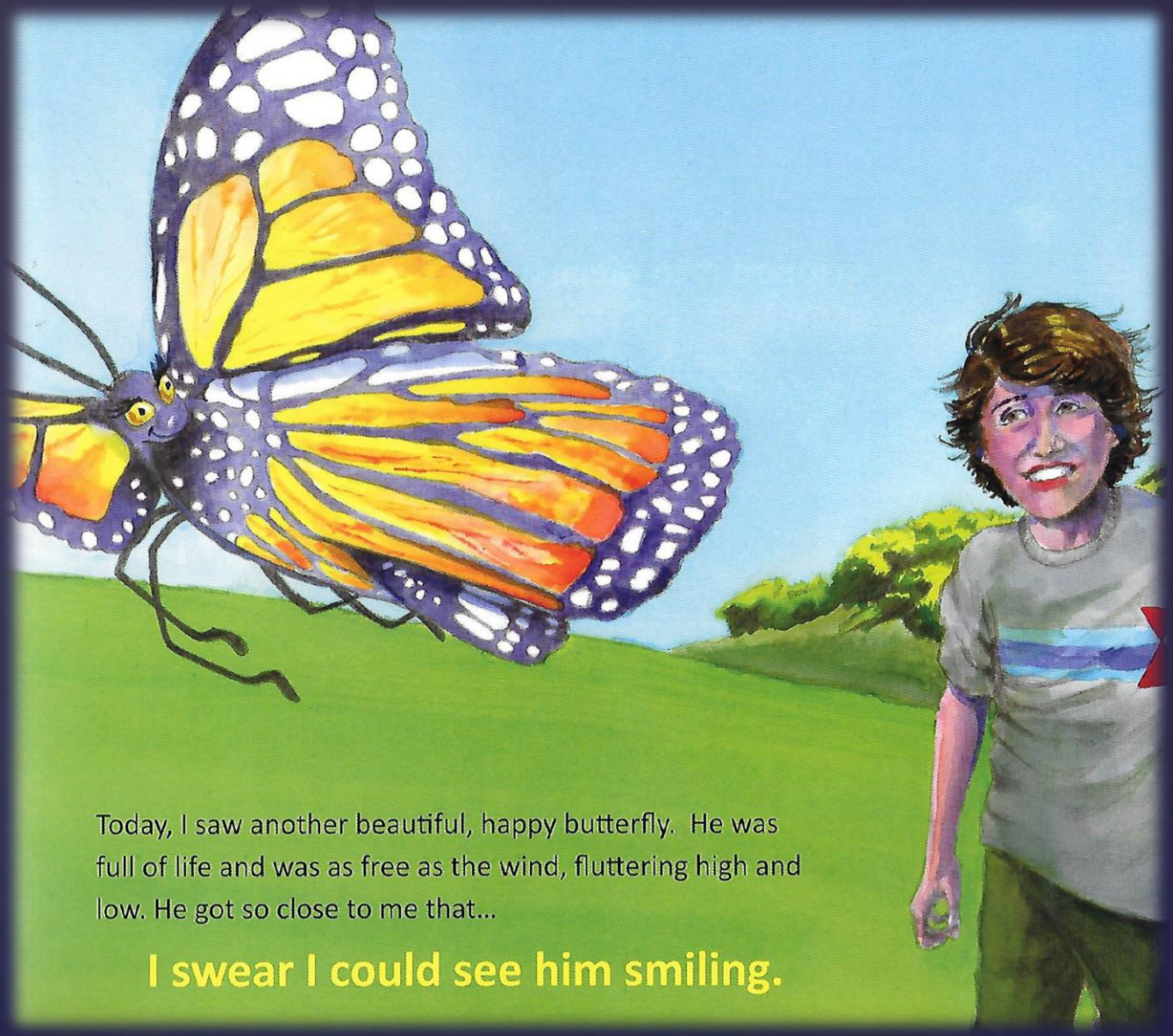


Mrs. Reyes was right.

My parents weren't mad at me at all. They weren't ashamed of me either. They hugged me tightly and they cried with me. My parents told me that they would always love me and believe in me, no matter what happens. They told me that I had done nothing wrong. I had been trapped! They even told me that they were proud of me for helping Justin. For the first time in a very long time, I felt safe.

My parents were very, very angry with Frank. They told me that what he had done was very wrong.

The police came and took Frank away.


Today, I saw another beautiful, happy butterfly. He was full of life and was as free as the wind, fluttering high and low. He got so close to me that...
I swear I could see him smiling.

I smiled back at the butterfly
as he flew away...
Now,
we're *both*
FREE!

SAFE SECRETS:

- ✓*ARE FUN TO KEEP*
- ✓*DO NOT HURT US OR OTHERS*
- ✓*DO NOT MAKE US UNCOMFORTABLE*

UNSAFE SECRETS:

- ✓*SHOULD NOT BE KEPT*
- ✓*HURT US OR OTHERS*
- ✓*MAKE US FEEL UNCOMFORTABLE/CONFUSED*
- ✓*CAN MAKE US FEEL AFRAID*

THE PARTS OF OUR BODIES COVERED BY OUR BATHING SUITS ARE CALLED OUR PRIVATE PARTS.

WHAT ARE SOME SAFE TOUCHES?

…A HAND SHAKE
…A HUG FROM SOMEONE YOU LOVE
…A HIGH FIVE OR FIST BUMP
…A PAT ON THE BACK
…A KISS ON THE CHEEK

SAFE TOUCHES MAKE US FEEL…

…LOVED
…SECURE
…HAPPY
…COMFORTABLE
…PROUD

WHAT ARE SOME UNSAFE TOUCHES?

…A SLAP OR PUNCH
…A KICK OR PUSH
…TOUCHES TO OUR PRIVATE AREAS
…TOUCHES THAT MAKE US UNCOMFORTABLE

UNSAFE TOUCHES MAKE US FEEL…

…SAD
…AFRAID
…ANGRY
…CONFUSED, LIKE SOMETHING IS WRONG
…EMBARASSED

THERE IS SOMETHING CALLED A "PRIVATE TOUCH."

THESE TOUCHES ARE NOT MEANT TO HURT OR EMBARRASS US, BUT TO HELP US!

FOR EXAMPLE:

UNSAFE VS. PRIVATE TOUCHES

WHAT IF AN UNSAFE TOUCH OR LOOK HAPPENS TO YOU?

- *GET AWAY AS FAST AS YOU CAN!*
- *SAY "NO! I DO NOT LIKE THAT!"*
- *TELL A TRUSTED ADULT!*
- *REMEMBER, THIS IS NOT YOUR FAULT!*
- *KNOW THAT <u>YOU</u> HAVE DONE NOTHING WRONG!*

WHO CAN I TELL?

PARENT, TEACHER, DOCTOR, POLICE, NEIGHBOR…

WHAT WOULD YOU DO?

A GROWN UP SHOWS YOU HIS OR HER PRIVATE PARTS. HE/SHE SAYS "I AM SORRY. IT WILL NOT HAPPEN AGAIN."

WHAT WOULD YOU DO?

YOUR FRIEND TELLS YOU SOMEONE HAS TOUCHED HER IN HER PRIVATE AREA. SHE ASKS YOU TO KEEP IT A SECRET BECAUSE SHE IS SCARED AND EMBARASSED.

WHAT WOULD YOU DO?

SOMEONE YOU TRUSTED HAS THREATENED TO POST A PICTURE OF YOU THAT YOU REGRET. THEY TELL YOU THAT YOU WILL BE THE ONE IN TROUBLE FOR HAVING THE PICTURE TAKEN.

WHAT WOULD YOU DO?

SOMEONE IS TRYING TO GET YOU TO GO ALONG WITH THEIR IDEA TO TOUCH YOU IN AN UNSAFE WAY. THEY TELL YOU NOT TO WORRY ABOUT IT BECAUSE "EVERYONE DOES THIS."

Where Can I Get Help?

Sexual Assault Service Center
(815)730-8984

Groundwork Domestic Violence Program
(815)729-1228

815-729-0930, ext. 1524
lwentzlaff@gacsprograms.org

HEALTHY RELATIONSHIPS

JANICE MASOKAS, BA
Preventionist
Sexual Assault Service Center
Guardian Angel Community Services

HOW DOES GUARDIAN ANGEL HELP?

- Sexual Assault Service Center
- Groundwork
- Suzy's Caring Place
- Foster Care
- Dillard Harris
- Exchange Club Center
- Partner Abuse Intervention Program

WHAT DOES THE SEXUAL ASSAULT CENTER DO?

- **Prevention Education**
- **Counseling**
  - ***Individual***
  - ***Group***
- **Advocacy**
  - ***Medical***
  - ***Legal***
- **24-Hour Hotline**
  - ***(815) 730-8984***

HOW TO END A BAD RELATIONSHIP

TRAITS OF A HEALTHY RELATIONSHIP

A relationship in which each partner has equal say and respect is a healthy relationship! Partners can;

- ✓have fun together most of the time…
- ✓always feel safe with each other…
- ✓trust each other…
- ✓support each other's goals…
- ✓respect each other's opinions…
- ✓have equal decision-making power…

Negotiation & Compromise
Partnership & Commitment
Support & Affirmation
Honesty
Safety
Open Communication
Trust
Respect
Accountability
HEALTHY RELATIONSHIP

HEALTHY RELATIONSHIPS HAVE BOUNDARIES

- **Boundaries are guidelines, rules or limits that a person creates to identify for themselves what are reasonable and safe ways to communicate within that relationship. For example, when dating**
  - ***you decide <u>who</u> touches you and <u>how.</u>***
  - ***you have the right to say <u>NO!</u>***

Your partner must respect your right to say "no."

HEALTHY FRIENDSHIP/DATING; BILL OF RIGHTS

TO BE TREATED WITH RESPECT AT ALL TIMES

TO BE SAFE FROM PHYSICAL & EMOTIONAL ABUSE

TO END THE RELATION-SHIP

TO REFUSE UNWANTED SEXUAL CONTACT

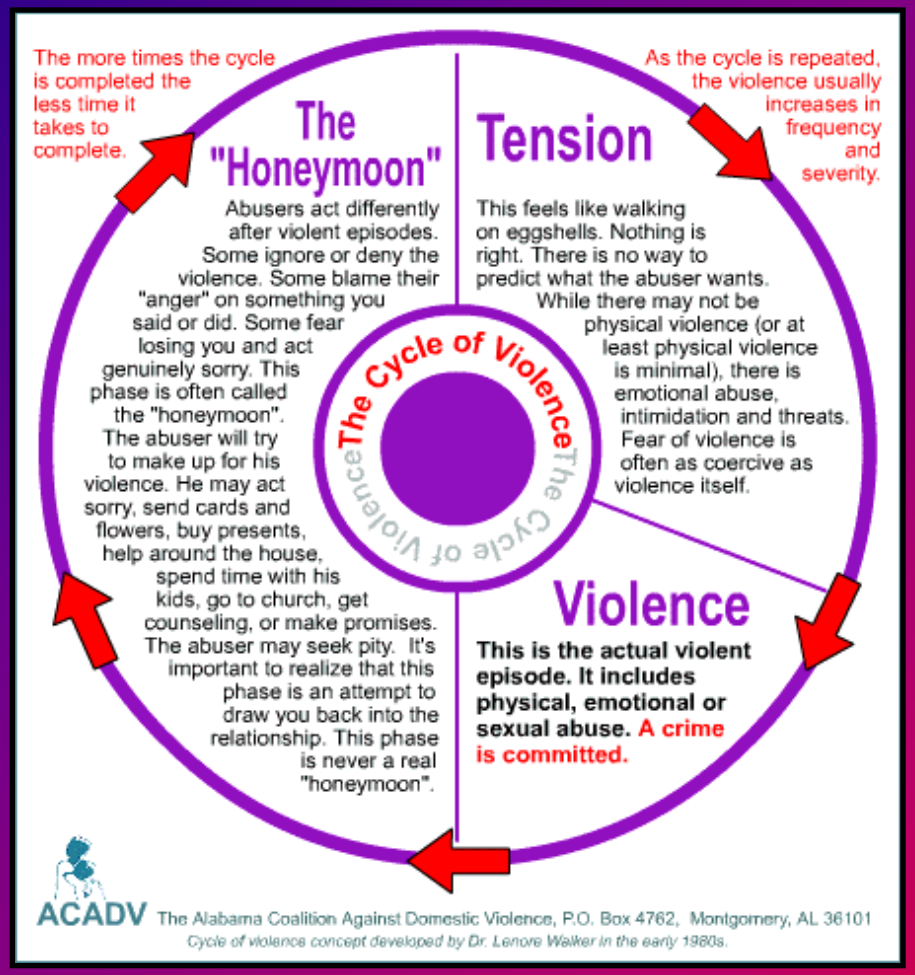
TO HAVE OUTSIDE RELATION-SHIPS

WHAT IS DATING VIOLENCE?

Dating violence is a pattern of physically, sexually, and/or emotionally abusive or controlling behavior in a dating relationship.

- **Dating violence can be:**
  - ***physical***
  - ***emotional***
  - ***digital***
  - ***sexual***

HOW IS SOMEONE CAUGHT IN THE CYCLE?



Honeymoon

Tension Building

Violence/Explosion

Back to Honeymoon

DATING VIOLENCE STATISTICS

- Nearly 1 in 3 teens who have been in a dating relationship have experienced physical, sexual, or emotional abuse.
- Young women between 16 and 24 years old experience intimate partner violence at a rate nearly 3 times the national average.
- Violent behavior typically begins between the ages of 12 and 18.
- The severity of intimate partner violence is often greater when the pattern of abuse was established in adolescence.

WHAT IS SEXUAL ABUSE?

Sexual abuse is:

any unwanted sexual contact without consent….

any unwanted sexual behaviors without consent….

- ***by a stranger***
- ***by someone you know***
- ***by a boyfriend or girlfriend***

TYPES OF SEXUAL ABUSE

- Sexual assault
- Unwanted touching
- Sexual harassment/unwanted comments
- Lying to/manipulating someone to get him/her to agree to sexual behavior

- Threatening to break up with or spread rumors about someone if he/she refuses sexual acts
- Taking pictures or videos of sexual acts or taking pictures of someone undressing without their knowledge or consent

WARNING SIGNS!

The abuser:

- *Threatens to hurt others*
- *Ignores/insults dating partner in public*
- *Constantly calls/texts to check up on partner*
- *Attempts to control every aspect of their partner's life*
- *Damages partner's personal belongings*
- *Exhibits extreme jealousy/possessiveness*
- *Makes his/her partner feel shameful*

The victim:

- *Unexplained physical injuries*
- *Skipping school*
- *Failing grades*
- *Changes in mood/personality*
- *Is isolated from friends/family*
- *No longer participates in activities they once enjoyed*
- *Becomes pregnant at an early age*

SEXTING/DIGITAL ABUSE

Sexting: Sending, receiving, or forwarding sexual photos, videos or sexually suggestive messages through text message, instant message or email.

- ***Sexting can be a form of digital abuse***
- ***About 20% of teens have sent a sext.***
- ***About 40% of teens have received a sext.***
- ***Over 25% of teens admitted to forwarding a sext.***

  About 32% of teens have received a sext intended for somebody else.
- ***65% of teens have been asked to engage in sexting that they did not want to engage in.***

EMBARRASS-MENT

FEAR

RUINED REPS

CRIMINAL CHARGES

GROOMING

- **Most abuse occurs through the victim being manipulated, deceived, bribed, and/or forced through a process called "grooming."**

- **The groomer is a skilled manipulator and can *be ANYBODY….***

  strangers
  internet predators
  acquaintances
  sometimes even relatives

- **The groomer seeks to:**

  build trust with victim
  isolate victim
  persuade victim to keep unsafe secrets

- **The groomer may also:**

  threaten the victim
  intimidate the victim
  blame the victim

WHAT DO I DO?

- **If you or someone you know is a victim of dating violence or sexual violence:**
  - ***Tell a trusted adult***
  - ***Continue to tell until believed***
  - ***Remember…IT IS NOT YOUR FAULT!***

Questions and Answers

WHERE CAN I GET HELP?

Sexual Assault Service Center	*Groundwork Domestic Violence Program*
(815)730-8984	*(815)729-1228*

815-729-0930, ext. 1524
jmasokas@gacsprograms.org